

Community Magazine

SPRING 2022



Holland Residents Association Community Magazine

is delivered **FREE** in print form to every home in Holland-on-Sea.

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We thank all our loyal advertisers who support the production of this magazine. Committed to providing the best information in your local area, our own dedicated members are fully involved in every step of this process.

Articles for the Summer edition of the HRA Magazine are to be submitted to Maureen Cochlin (<u>littlemaur199@gmail.com</u>). Final date for submission is the 2nd of May 2022.

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The Holland Residents' Association is by its constitution a non (party) political organisation. That said we are always happy to engage constructively with duly elected representatives – MP/Councillors (irrespective of any political groups to which they may belong) to keep them informed on matters of local interest, to seek their assistance in representing the interests of residents at their respective levels, and to hold them to account for their actions, or inactions.

To this end we offer them space in this magazine to give a (short) report on their activities over the past three months. Their names and contact details appear on the inside back cover of this edition. Please note that the elected councillors for St Batholomew's Ward that covers most of Holland on Sea - Councillors King and Winfield represent a political party – "Holland on Sea and Eastcliff Matters". This group has no connection with the Holland Residents Association. In particular, the HRA does not sponsor that group and nor does that group represent the HRA.

Our front cover picture was provided by Joanne Thorne. Thank you Joanne.

Welcome to your Community Magazine

Welcome to the Spring edition of the Holland-on-Sea Residents' Association magazine.

Spring – a time of hope, a time for looking forward to better things and, we hope, the time for putting that dreaded "C" word behind us and getting on with our lives.

However, there are two other "C" words that come to mind: the first of which forms a part of this magazine's title – "community." So what is a "community?" According to one definition, it is a group of people living in one place......and having or sharing the same interests. Certainly all of us have one thing in common: we live in Holland on Sea and want to see it thrive.

Although we've become urbanised. our village still has its own identity and for me that is partly summed by its businesses, some of which appear to have been here for ages. As you approach Holland from Clacton, you encounter either the Kingscliff or The Roaring Donkey (depending on vour route), both of which have long histories. If you approach from the other end of the village along Frinton Road, the first business you see is the Oakwood Inn. The pub, generally, is very much a part of the community but so are post-offices and churches and we are fortunate to have all these in some shape or form.

Along Kings Avenue the visual aspect of the parade of shops remains the same as when it was first built and although the owners may have changed, what some of them sell remains unchanged. The business which has been selling the same produce the longest in that parade of shops is the butcher and has been a butcher's shop since at least the 1960s.

Along Frinton Road, Holland Motors has been a part of the village for years (but not always in its current position). Holland has had a pharmacy (or chemist as it used to be called) for many many years. In fact, our only chemist used to be situated In Frinton Road opposite the pedestrian crossing and then moved to larger premises just around the corner to what is now the chiropodist. We are further blessed by having a pet shop, and further along we've got another long-established butcher's as well as Windmill Bakery which for me appears to be timeless. Add to that mix, are hairdressers/barbers, tearooms, florists, card shop, gift shop, fish & chips – and there are more – and



Keep up-to-date with your community Visit www.hollandresidents.co.uk

This magazine can also be viewed online

what we have in Holland is a thriving community of eclectic, and importantly independent businesses. This is hard to beat. What all of these businesses represent is the other "C" word – continuity.

This brings me to our own Residents' Association who have been working continuously for the community for nearly one hundred years. We have a voice within the Local Authority by having Andy Baker, an elected councillor, as a committee member. This year we are planning to hold a village fete on 6th August. Plans are well-advanced and more will be said about this over the next months. We're always looking for new members and the membership subscription is a minimum of only £2 per household annually. Unbeatable value!

For me I'm glad I live in Holland – how many other villages can you think of that have so much to offer on your doorstep? **Stephen Collitt** – Hon. Secretary (in the absence of a Chair).

A Message from the Secretary

The Association has been in existence for almost 100 years and over that period our objectives have been the same - to further the interests and wellbeing of the community. This is set out in our constitution. However from time to time minor changes to the constitution need to be made to reflect for example changes in technology that permit the use of electronic means of payment and emails. Our existing constitution and the proposed changes are set out on our website https://hollandresidents. co.uk/about-hra/constitution/ These changes will be brought to your attention at the next guarterly public meeting on Wednesday 16th February (2.30pm Holland Public Hall) and voted on at the AGM on Friday 22nd April (7.30pm at Holland Public Hall).

Our main social activity this year will be a village fete to be held on Saturday 6th August on the open space at Brighton Road. If you think you would like to be involved please contact our Social Secretary <u>sandra.tank23@yahoo.co.uk</u> If you are not a member of the HRA yet, please consider joining for just £2 per household. A membership form is in this issue. Alternatively you can pay your membership subscription online. Our bank account details are in this magazine and on our website <u>https://</u> <u>hollandresidents.co.uk</u> but if you do decide to join by this method please drop me a line so your details can be added to our mailing list. My email address is <u>secretary.of.hra@gmail.com</u>

Those members who have provided e-mail addresses are contacted regularly about HRA matters as well as other issues which may be of concern: these have included information about computer and telephone scams, vaccination information, news about the local surgery and other community and HRA matters. If I haven't got your email address then you are missing out on this so please provide me with a contact email if you would like to do so.

Stephen Collitt



HOLLAND RESIDENTS ASSOCIATION

SUMMER VILLAGE FETE

6 August, 1pm - 4 pm

Village Green at Brighton Road adjacent to car park

Fairground Rides, Sideshows, Refreshments, Raffle, Displays



Holland Art Society



Workshops are being held on March 14th, April 11th, and May 9th. On March 28th Paul Alcock will be **demonstrating** in Oils. April 25th, Colin Steed will be doing water colours. May 30th, Steve Howell will be doing oils.

ART EXHIBITION

There will be an exhibition of paintings and craftwork at Holland Public Hall on Saturday, May 7th 11.30am to 4.30pm.

Free entry Free tea and coffee Everyone welcome

If you have any questions please contact chairman Ian Findlay 01255 812265

Home is where the Heart is

The current need to build new properties to accommodate the growing population was certainly not evident some 120 years ago in the new estates, laid out on paper by David Cripps Preston, at Little Holland. The area had been divided up into four individual building estates – Kings Cliff, Preston Park, Empire Cliff, and Queens Cliff; these were joined some time later by a further six – Highcliff, Merilees. Birchfield, Holland Beach, Seafields and Kents Farm.

Whilst designated plots did sell, there seemed to be a reluctance to commence building works and so David Preston built two detached houses on the Kingscliff Estate in Bedford Road, just off Kings Avenue, in 1902 to try and stimulate interest. A year later Charles



Early development in Little Holland.



Bungalows spring-up, almost randomly, in Little Holland on Sea (quite a mouthful of a name!).

Credland built a substantial house on the corner of Kaiser Grove (now Queensway) and Kings Parade, called "Highcliffe", which was to become a private hotel for many years. Although slow to start, development did begin to move forward with the building of a "tin" church – St. Bartholomew's, on land donated by Preston, and the arrival of a shop on the corner of Kings Avenue and Holland Main Road (now Frinton Road).

Without any single major developer, in those early days, houses and, particularly, bungalows began springingup in isolation as plot owners had their dream home built. Building Regulations were not quite so stringent back then and the quality of build could vary, particularly if work had been undertaken by enthusiastic amateur house builders. Some properties were built by the local milkman who, on completion of his milk round, would turn his hand to laying bricks! With time came local building companies that employed skilled tradesman and they began building in small blocks; hence today one can see groups of three of four properties of a similar design, sitting incongruously in a wide mix of bespoke architecture.

What certainly didn't help the construction of properties in Little Holland was the lack of made-up roads. Kings Avenue was the first road to be metalled but the lack of a solid surface on other roads meant a lot of dust from the delivery lorries in the summer months and, far worse, puddled mud holes in the winter. After a number of lorries had sunk up to their axles, and got totally stuck in the sodden ground conditions, some builders merchants refused to deliver in parts of the area.

By the 1960s Holland on Sea, as it was now called, was well established on



C. H. Chaston promotes his property development in 1931.

the seaward side of the (now) Frinton Road and provided a picturesque scene of suburban tranquillity, renowned for its attractive front gardens and peaceful way of life. Building work on the landward side of Frinton Road, the Preston Park Estate, had been at a much slower pace, as the land dropped down to Pickers Ditch with great clumps of blackberry bushes, brambles and overgrowth intermingling amongst the limited properties. However, a complete development along Slade Road was underway in 1964, although even then the road was still unmade and delivery lorries suffered a similar fate to their predecessors. Also in the 1960s behind the Oakwood Public House, which itself was part of Kents Farm, came the building of the Kents Farm Estate, opened by actress Jill Ireland who, at the time, was married to television's The Man from UNCLE's David McCallum and went on to marry American actor Charles Bronson.

Today, as one walks the streets of Holland on Sea, the wide range of architectural designs can still be



George Kennell and Sons, a Holland on Sea builder of high repute.



It's 1964 and a lorry sinks up to its axle whilst delivering to the building of Slade Road properties.

appreciated – from the modest little wooden bungalow to the "Dutch" style houses, a glimpse of 1930's art deco, and the substantial row of red brick former council houses; all these variations making-up the uniqueness of our village.

Richard O. Walker

The Birds in Our Garden

What do these birds have in common: House Sparrow, Blue Tit, Starling, Blackbird, Wood Pigeon, Robin, Great Tit, Goldfinch, Magpie and Long-tailed Tit?

Answer: They were the top ten garden birds in last year's RSPB Garden Watch. Most, perhaps all, of these birds visit your garden. If you didn't get the connection I'm sure most of you will know that many of these birds are in decline. As gardeners we can do our bit to help them and perhaps halt their decline. Many of us are already doing our bit but can we do more?

One of the most obvious ways of helping is by providing clean water and the right food – especially in winter. According to the RSPB, many people do put out water but fewer of us ensure that it is changed regularly to ensure cleanliness. Birds need water more than ever at times of frost and freezing conditions, and in the summer if there is a drought. Most birds need to drink twice a day. Seed-eating birds have a dry diet so need to drink more than other birds.

Many of us have bird feeders and many people throw bread out. If throwing bread out, make sure that it is as bread crumbs. Never discard crusts. Birds derive no nutritional benefit from bread: it serves as a stomach filler by swelling in their stomachs. So, if you like throwing bread to the gulls, you're probably not helping them at all. In fact they are often regarded as a menace for a variety of reasons and some Local Authorities have made it an offence to feed them. These birds can live for twenty-five years and are guite adept at looking after themselves. Both the RSPB and RSPCA recommend that we do not feed these birds: this can lead to attacks. Also they get accustomed to an unnatural, highcalorific. low nutritional diet which is detrimental to their health.



Peanuts are a popular source of food but do make sure that they come from a reputable source as peanuts can contain toxins which will do far more harm than good. You should stop providing peanuts and other chunky foods during late spring and summer. If fed to baby birds, this type of food can stick in their throats causing them to choke.

If you provide a seed mix, ensure it does not contain lentils, split peas, rice or beans. Only large species can eat them dry and they are often added to cheap seed mixes to bulk them up.

Some of the most common foods are sunflower seeds and, for finches – nyjer seeds which need a suitable feeder.

Nest boxes: these can be a great help but just make sure that they are out of reach of cats and that birds have an uninterrupted flight to them. Tilt them forward slightly to prevent driving rain getting in. Do not site them too close to feeders. Blue Tits prefer a nest box with a hole of around 25mm whereas Great Tits need a 28mm hole and House sparrows need a 32mm hole. Unless shaded by trees, any nest box should face between north and east, thus avoiding the wettest winds and strong sunlight.

Ken Stephens

Purple Pals

Hello to all – hopefully your new year is going well so far, and you and your fur babies are still enjoying walks along our lovely seafront and surrounding areas.

Purple Pals I am very pleased to say is going from strength to strength which for me personally is quite emotional as well as encouraging. I started the group as many of you know as an off shoot from the Holland on sea branch of The Royal British Legion which is also still going. This was something my late husband started so it has memories attached within the group.

The Facebook page has tipped over 300 members and I have laughed with several of the group – imagine if everyone turned up – we would literally take over the whole prom!! Saying that even when we do walk it is a sight to behold – man (and women and children) and their best friends walking along in harmony. So much so people do stop and ask us who we are etc. and what's going on which means we are drawing attention to ourselves and raising awareness of the Purple Poppy – the whole reason for starting the group.

We even made it into the Gazette for our Christmas walk which thanks to Nigel









Wood and his fantastic photography skills we ended up with a double page spread which was amazing. We even had Santa Paws handing out gifts to all the 4-legged friends when we got back to The Flags Café for a pit stop!

If you have a puppy/dog or just fancy a relaxed walk and natter every other Sunday, then please feel free to join us. Everyone is so very friendly and welcoming, and I can honestly say I have made so many friends from this simple idea it is an honour to be the one who started it all. Please look us up on Facebook so you can see updates especially when the weather can be so unpredictable but if not 11am at York Road car park is our starting position. Stay safe

Naomi Lawrence

<u>Community</u> **Pages**

Useful Numbers

Emergency – Police, Fire, Ambulance 999

Police (non-emergency) 101 - Health (non-emergency) 111

Kennedy Way Medical Centre	01255 449270
Clacton Urgent Treatment (ex Minor Injuries)	call 111
Clacton Hospital (outpatients X-rays etc.)	01255 201717
Colchester Hospital	01206 747474
Citizens Advice Bureau	01255 377080
Bus Passes	0345 200 0388
Benefits, Housing, Council Tax	01255 686868
T.D.C. Emergency contact after office hours	01255 222022
Dangerous pavements, potholes, faulty lights	0345 6037631
Fly Tipping	01255 686359
Unlawful parking	01206 282316

Illegal seafront parking and seafront issues

01255 686969

A full range of District Council Services is available online via www.tendringdc.gov.uk

HRA

<u>Clubs</u>

Holland Public Hall

Happy 2022, a bit late but better later than never. Things are looking a bit different at the moment and we would like to thank you for continuing to support the Public Hall. Things are gradually getting back to 'normal'.

The majority of groups and clubs are back and running well, although a few restrictions remain. Of course things may have changed (for the better we hope) by the time this is published. Dates for your diaries, we are planning to hold our Spring Bazaar on 9 April - 10am -1pm, the Summer Fete on 16 July and Christmas Bazaar on 12 November. We are being very optimistic booking so far ahead, but positive thinking etc.

We have some new groups meeting at the hall, the 129 Club meets monthly and the Holland Arts Society meet twice monthly, both evening groups; a new Yoga class Friday afternoons, Active for Essex - exercise/dance/yoga, suitable for all age groups also Friday afternoons; Fitsteps on Saturday mornings. Along with the regular WI, Ladies Friendship clubs, Men's group, Line dancing, ballroom dancing, sequence groups, Art workshop, U3A and more. If you are new to the area and looking to meet people for social or creative activities, wellbeing groups or a game of bingo or bowls come along and check us out.

Holland-on-Sea 129 Ladies Club

Holland 129 Club is a friendly Ladies Club meeting in Holland-on-Sea for 56 years – when it began as a Young Wives Club in Fleetwood Avenue.

We have been meeting at our new venue - Holland Public Hall, Frinton Road since September 2021 on the second Thursday of each month 7.30pm for 8pm start.

At present, in order to keep the Hall, covid-free, there is a restriction of 60 users for each group – hopefully to be opened up soon. At the moment we have a waiting list but happy to add interested ladies to join us as soon as the Hall opens up once again. Currently visitors would pay £3/annual membership is £20 from April 2022.

For further details, please contact Carole Parmenter on 01255-813315.

Our Summer programme 2022 is as follows.

Thursday, 10 March – AGM followed by speaker–Gary Egerton - 'Life as a VIP Protection Officer'.

Thursday, 14 April – The World of Optical Illusion. Do you know what are in the pictures? All will be revealed by Colin Hopper.

Thursday, 12 May – To be confirmed.

Thursday, 9 June – Back by popular demand. Chris and Steve Brown with Air Raid Jive 1940's Dancing and Demo.

This month celebrating Queen's 70th anniversary Club birthday and Rose competition.

Community Pages

From Holland on Sea Baptist Church

HRA



Activities at Holland on Sea Baptist Church

Sunday – Family Worship service 10:30 approx. 1 hour everyone welcome.

Monday - Fellowship Hub, a time to chat, share life situations. 1st Monday of every month.

- Tuesday Prayer meeting 10:00.
- Tuesday Friendship club 1st Tuesday of every month 14:00 (2 hours). Fun, Quizzes, Games, Speakers, Friendship and refreshments.

Wednesday - Care group, discussion and friendship.10:00 (90mins).

Thursday – Lunch Club (12:30) open to all. Booking necessary 4 course lunch.

Thursday – Care group, discussion and friendship.19:30 (90mins).

Friday – Care group, discussion and friendship.10:00 (90mins).

With various other activities throughout the month, martial arts, fitness dancing, choir, ukulele etc.

Easter Services – Friday 15th April Good Friday. Time of reflection with Communion 10:00

Sunday 17th April Easter Sunday Celebration with Believers Baptisms 10:30.

Feel free to contact us on 01255 814617 or revcollict@aol.com

Community Pages



From St. Barts

Our weekly services on Sundays and Wednesdays at 10am have now resumed.

Ash Wednesday is on 2nd March this year.

The Lent Course will be on Thursday 3rd, 10th, 17th, 24th, 31st March and 7th April from 10am-11.45am with refreshments in the Rainbow Room. Theme TBA.

Easter Services

Palm Sunday 10th April 10am Maundy Thursday 7.30pm Good Friday TBA Easter Sunday 17th April 10am Please check the notice boards for further updates.

Saturday Coffee Morning

We are planning to reintroduce the Saturday coffee morning from 10-11.30 am with some activities to do as well.

Please contact us on statsholland@gmail.com if you have any questions.

Every Blessing, The Revd Susan Wiggins



Community Pages

Enney, Way Medical Com

Surgery News

Clacton Community Practices (CCP) would like to wish our patients a Happy and Healthy New Year.

CCP has been remained open despite the increase in the Omicron Covid cases and has maintained an average of 285 GP and ANP face to face consultations per week. We have been working with the Covid Vaccination Programme and are proud to say that at the end of January 10, 151 of our patients have received their booster doses.

GP surgeries are always under considerable pressure over the winter period as demand for services tends to increase significantly with the onset of cold weather and flu. CCP has commissioned the services of Practice Assist who are a group of GPs and ANPs who consult remotely. This has given us an increase in capacity until the end of March, however please be assured you will still receive a face to face consultation at the surgery if you need to be seen.

Winter has an effect on our mental health and wellbeing so please remember to access our Social Prescribing Link, Debbie Reed, who is able to give advice and sign post to local services and support. Please contact the surgery for more details.

CCP encourage our patients to have their flu vaccines. More people are likely to get flu this winter as fewer people will have built up natural immunity to it during the Covid pandemic. Research shows if you get flu and Covid at the same time you are more likely to be seriously ill. We have seen a decline in the uptake of the flu vaccine with 3557 eligible patients still unprotected. You can have this season's flu vaccine at the surgery up until 31st March 2022, please contact the surgery to book.

Just a reminder our next educational date is Wednesday 23rd March 2022. Further dates are on our website (<u>www.kennedyway.co.uk</u>).

Please continue to see us on Facebook for up to date information regarding the surgery and our services. As always we welcome feedback so please complete our feedback forms at the surgery or email us at neccg.ccpfeedback@nhs.net.

Lisa Maddox, Practice Manager

Holland-on-Sea/Clacton Community First Responders

Holland-on-Sea/Clacton community first responders(CFRs) are a group of volunteers who support the East of England ambulance service(EEast). We are part of the ambulance service and our role is to respond to life threatening emergencies and provide initial life support until the ambulance crew arrive when we then take on a support role.

Before we are allowed to go out and attend to patients we complete an EEast training course and assessments. In our emergency response kit we have a Defibrillator, Oxygen, masks, Blood Pressure Machine, pulse monitoring device, bandages, glugogel for diabetics and of course full PPE.

We wear a high vis top and have an ID badge. The 15Kg of equipment sometimes makes us look like Quasimodo! and if we have just hiked along the beach looking for a patient I'm not sure who should have the Oxygen first.

CFRs use their our own cars and Google maps to find you. We obey all road laws so, no speeding, jumping traffic lights, flashing lights or horn sounding. I have sat at the traffic lights in Clacton, with adrenaline running, being patient watching tourists cross the road whilst waiting for the lights to change only to be overtaken by an ambulance with lights and horns going and pulled up behind them to attend the same patient.

Finding you is sometimes hard. If you have a house name then we have no idea where you are, the ambulance uses a sat nav that pin points house names. If it's dark then seeing your house number is difficult. So here are my tips to help if you call an ambulance for a life threatening emergency:

- Make sure your house number can be seen
- · Unlock your front door and open it
- · Turn on outside lights and/or a light in a front room
- · If you have a car turn on the hazard warning lights
- · Keep your mobile phone nearby, ambulance control may call if we can't find you

Each member of the group is on call for a minimum of 10 hours a month and attends monthly training sessions.

For some people becoming a CFR is the first step in a new career. One of our group is now going through training to become an Emergency Medical Technician.

We need more responders. EEast ambulance will train you, part of which will involve a 12 hour shift on an ambulance to gain an understanding of how patients are treated. I did two ride outs and they are up there with a few other fantastic days in my life.

Dealing with emergency calls can be stressful but EEast is a family and has well developed support processes. I am proud to be part of that family mentoring and supporting our responders.

If you're interested email either <u>CFR@eastamb.nhs.uk</u> or myself <u>charles.hornblower@gmail.com</u> Charles Anderson

Kennedy Way Community Garden

Bicycle recycling, help with building a workshop, and a call for help to build potting benches and for donations are keeping a community garden project busy this winter.

Kennedy Way's Men's Shed is growing in numbers every week with the local community coming along to get involved.

Currently the Men's Shed, based at the community garden in Kennedy Way, Clacton, is supporting a gentleman who needs a new workshop in his garden.

Gary and the volunteers are building his main frame, which is too large to do at his home. Once the framework is completed, a volunteer will help transport his workshop frame back to his garden where Gary will continue to complete his workshop in situ.

Simon, our newest volunteer recruit, has started an Up Cycle bicycle project, which sees him dismantle bicycles that are beyond repair to use for parts. The saved parts will be used to fix other bikes that still have some life in them and get them back on the roads!

If you want to help or to ask any questions about your own bike then come and speak to Simon who will be there on Tuesdays and Thursdays between 10 and 12 noon.

Future plans at Kennedy Way are to build a large wooden unit for the community as a recycling drop-off point. Our volunteer Tony will then take the recycling home to re-organise and send to the recycle centre to help with our environment! Watch this space.

If anyone is able to help with building some potting benches so we can start sowing seeds in the community polytunnel then come along on Tuesdays or Thursdays between 10 and 12 noon to help with this project.

Last but not least, if anyone has any of the following unwanted items then we would gratefully take these off your hands:

- Any wooden pallets
- Any screws and nails
- Manure
- Compost

To get involved, please contact any of the following – Nicky Vella: 07500 463152, Caroline Szabo: 07510 930879, Mo Cochlin: 07717 754803.







Sports & Leisure



Spending time on two wheels can have a big impact on your health too. It blitzes calories – between 440 and a huge 1,080 an hour depending on your weight, and helps build muscles in your legs, bum and hips.

The benefits aren't just physical though, cycling can improve your mental health by triggering the release of endorphins – our feel good chemicals – in the brain, which can reduce stress levels, help you sleep better and even ease feelings of loneliness.

It's no wonder that a new poll has placed cycling firmly at the top of the list when it comes to outdoor activities in the UK.

Now get your bike out and use it by joining us as a group on the second and fourth Sunday of every month.





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Cards & Crafts Collection

Are you bored with seeing all of the same things on the High Street?

Why not pay us a visit and get something that is a little bit different.

Mothering Sunday Sunday 27th March

Don't miss out on our extensive selection of Mother's Day Cards. Also why not treat her to something special, such as a Scarf, Jewellery, Handbag, Purse, or a Crystal Boxed Pen etc.

Father's Day Sunday 19th June

Don't forget Dad! We will have some Wonderful Father's Day cards as well as a great choice of gifts, such as Wallets, Pens, Mugs, Socks, Slippers,Letter Openers, Cufflinks & more.

Easter Sunday 17th April

We have a vast range of Easter Cards, including packs our much sought after Chocolate Bouquets are available, also our Mrs Bridges Preserve Gifts or even a Plush Toy Bunny

Our gifts for all occasions include Swarovski Crystals, Photo Frames, Age, Wedding, Birth, Retirement, & Graduation & much more. If you can't see it, please ask.

A big Thank You to all our customers, old and new, for all your kind words and continued support





329-331 Holland Road, Holland on Sea, Essex, CO15 6PD TEL: 01255 812211 Email: electricbedandchairco@gmail.com

Fitsteps with Pauline's Pink Flamingos

9.00am - 10.00am Saturdays Holland on Sea Public Hall,139 Frinton Road, CO15 5UR £5 Entrance

Put together by Ian Waite and Natalie Lowe of Strictly Come Dancing. The dance workout mixes the graceful steps of Ballroom and the up-tempo steps of the Latin where you don't realise you're getting fit. All you need is comfy clothes, trainers and plenty of water. No partner needed. Keep dancing!

For more details: Contact Pauline on 07788984206. Facebook: Fitsteps with Pauline's Pink Flamingos https://paulinepinkflamingos.wixsite.com/fitsteps Heaven facials

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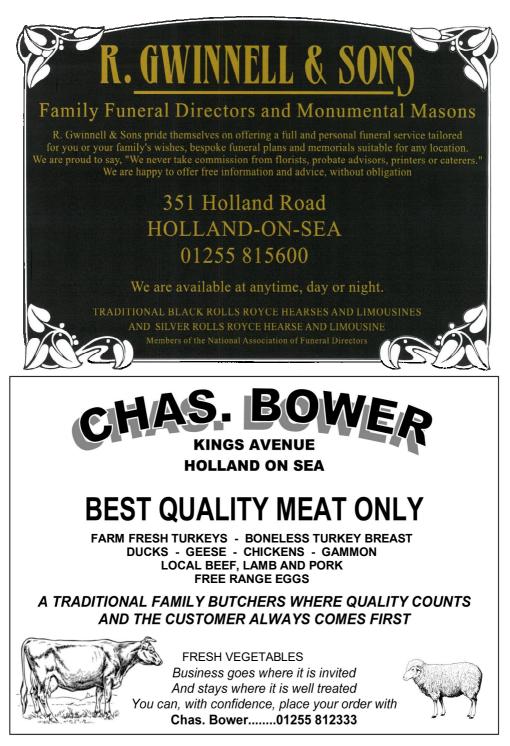
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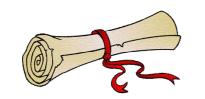
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Parliament Update

Dear Holland-on-Sea residents.

I want to start my regular article by addressing the current situation in politics which so many residents have quite understandably raised with me – the parties at Downing Street.

I have read many personal messages from constituents sharing their own experiences over the past two years, and I understand that it is insulting to hear this kind of news through media outlets. The Government should be upfront and honest! Whilst there is to be an official inquiry into the events, and quite rightly so, I do not feel it would be appropriate to speculate or premeditate the outcome. However, it is my strong belief that if you make the rules, then you should follow them. This is something that I believe to the core as a Conservative, and which is crucially important as a law maker. We all know that across the country there were many egregious examples of rule breaking, both at work and home settings, but those who break the rules should be held to account.

Turning to my work as your representative in Parliament, I have recently met with the Chancellor of the Exchequer to raise my concerns with the rising costs for energy. This is completely unacceptable, and the Government needs to do more to protect the most vulnerable who often make the choice between eating or and heating. Being able to heat one's home is not a luxury; it is a necessity. This is even more pertinent to Clacton and the east coast which is often in the front line of strong winds straight from Siberia at this time of year! I have also met with the Minister for School Standards to bang the drum for arts funding in our schools.

Very recently, I became aware of serious cuts to our railways services which would greatly affect all rail users in the constituency. I immediately contacted the leaders of Greater Anglia and have received their assurances that services would be back to normal within weeks.

I will continue to work hard as your Member of Parliament and ensure that your voices are heard nationally.

With best wishes,

Giles Watling MP Member of Parliament

Your County Councillor



Another three months have flown by and as always I remain busy so here's a snapshot of what I have been up to since October.

Road and path issues remain the majority of my emails and so I'll start there. I am pleased to announce that the rattling drain on Frinton Road / Bournemouth Road has finally been fixed and blocked drains in Eastcliff Avenue have been cleared. Both took too long. Madiera Road pathways have now all been completed and they look great.

Ongoing issues include the re-emerging bump on the road from the marshes and I have successfully argued for a more comprehensive repair which is due to be delivered before the end of March. This will however bring its own problems as ECC are expecting to close the road for three days while the repair is done. Queensway is still in the mix. While resurfacing is planned it doesn't appear to do the whole of Queensway which is just bizarre. I am now trying to get the whole road done, a much-needed dose of common sense is required here I feel. I was also left disappointed and frustrated that the bollards on Kings Parade at the top of York Road were destroyed, I had only just got them fixed.

New issues include potholes on Sladburys Lane, the path on Stratford Road and a whole host of small jobs such as the bent street name on Manchester Road. I have covered everything but please be my eyes and ears and let me know of anything you think I need to get fixed.

My role is not all about the roads and paths however and I can't help but get involved in things that help residents even if, strictly speaking, it's not my responsibility. Some of you will already know that at Christmas I was one of the main organisers that saw 300 meals delivered to needy residents on Christmas Day. Along with Ti Chase, my co-organiser and curate from St Johns church we, along with many volunteers, gave up our time to buy, prepare, cook and deliver Christmas dinners along with goodie bags supplied by The Pier to those on their own at Christmas. I should also mention the kind donations by The Lions and The Rotary whom we could not do it without.

Pickers Ditch is still on my radar. The powers that be believe the problems are now solved, I remain unconvinced. Hopefully, I will be proven wrong but while I wait I have taken it upon myself to tackle the invasive species Himalayan Balsam. Never heard of it? Nor had I until last year. It's a very invasive plant species found on river edges and destroys all other plants it comes into contact with. It also impacts up the chain through insects and then our garden birds. We have two clumps (that I know of) on Pickers Ditch and so with help from David Wallis from Beach Clean / River Clean I will be organising a volunteer group at the end of March/beginning of April to deal with this menace but it can establish itself. If you would like to help please let me know. That concludes my report for now but please call me if you need my help. If you are stuck and don't know where to turn call me, if I can't help I am sure I will know who can. My number is 07775537722.

Mark Stephenson

County Councillor Clacton East



Your District Councillor

I hope you all had a great Christmas and a Happy New Year to you all, and let's hope it's better than the last two! We were lucky in that we got to see all our children and grandchildren on Christmas Day, it was the first time we have all been together in what seems forever. By the time you read this, most Covid 19 restrictions will have been lifted, and life, hopefully, will be back to normal, or as much as it can be.

In my last article I said I was hoping to have reported that the new fence in Third Avenue was complete, no sooner had the magazine gone to print I discovered it was being erected. It does look a lot better than what was there previously and I have thanked the staff at TDC for getting it done so quickly. There is still a little bit more to do in that area and I will be speaking to officers soon to discuss those.

November and December were quiet with little council work, apart from three Planning Meetings in six weeks due to Planning Committee workload, and of course the inevitable of reporting fly tipping at Valley Road Recycling Area.

On the issue of planning you may all recall that Part 2 of the Emerging Local Plan was examined in 2021 by the Planning Inspector, and in late November she wrote to Tendring District Council stating that, provided the few moderations already consulted on were made, the Plan was sound and met the tests for legal compliance. On Tuesday 25th January, at Full Council, Part 2 was formally adopted by TDC, and therefore TDC now has a Local Plan in place for the period 2013-2033. This means the end, hopefully, of wildly speculative planning applications being made for housing in totally inappropriate locations.

In November, TDC purchased four mobile CCTV cameras, two of which were immediately deployed to Dovercourt due to vandalism of several beach huts. I am hopeful that they can be deployed to Valley Road to deter even more fly tipping, as I have had to report four instances in January already.

Together with my wife, I helped out with the Poppy Appeal on a number of days, both locally and at Asda for the Clacton Poppy Appeal, and it is with pleasure that I can say that within Holland on Sea a total of £3,318.58 was raised, so well done to all, and especially the local Poppy Appeal Organiser, Tom Anderson, for organising everything and making sure it ran smoothly.

If anyone wishes to contact me, my details are at rear of the magazine. Stay safe and keep well.

Andy Baker

District Councillor Eastcliff Ward

MEMBERSHIP REMINDER

Subscriptions for 2022 can be paid at any time from December 2021 onwards. The minimum subscription is £2 per year and the maximum £20. You can pay directly into our bank account the details of which are:-

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Holland on Sea Branch of the Royal British Legion



As the majority of Covid19 restrictions have now been lifted, meetings of the Branch are now being held monthly, on the fourth Saturday, in the Tavern, Frinton Road, from 11.15am with light refreshments kindly provided by The Tavern.

The Branch Committee have plans for several events this year, the first of which will be a FUN Quiz night and Beetle Drive!, on Saturday 19th March, from 7pm to 11pm, in the Tavern Room, The Tavern Public House, Frinton Road, Holland on Sea. Please contact the Branch Secretary (details below) if you wish to enter a team, maximum number 6, at a cost of £5 a head. There will also be a raffle.

Funds raised will go towards Branch funds.

The branch will also be holding a 1940's themed Coffee/Tea and Cake afternoon in June (further details will be in the Summer magazine) as well as looking forward to participating in the HRA Village Fete on 6th August.

I am pleased to announce that the Reverend Susan Wiggins, of St Bartholomew's Church, has agreed to be our Honorary Branch Chaplain and we look forward to welcoming her to our meetings.

If you would like to become a member of the Royal British Legion please feel free to turn up for an informal chat at one of our meetings, or apply online, or if you would like further information please contact either the Branch Secretary, Andy Baker, on 07980 287991 or myself Geoff Manning, the Branch Chairman, on 01255 212034.



Articles for the Summer edition of the HRA Magazine are to be submitted to Maureen Cochlin (littlemaur199@gmail.com).

Final date for submission is Monday 2nd May 2022.

H.R.A. ANNUAL MEMBERSHIP (1st JANUARY TO 31st DECEMBER)

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NOTICE OF ANNUAL GENERAL MEETING

The Annual General Meeting of the HRA will take place on Friday 22nd April 2021 at 7.30pm at Holland Public Hall, Frinton Road.

Please note that only full members of the HRA are entitled to vote at this meeting although Associate members are welcome to attend.

The following are extracts from the constitution of the HRA:

- a) At the Annual General Meeting all the officers and members of the Executive Committee, other than the President, shall retire, but be eligible for re-election without nomination.
- b) Any Two Full Members of The Association may propose any other candidate or candidates for office by notice in writing to the Hon. Secretary or the Chairman not less than seven clear days prior to the Annual General Meeting, such written nominations being endorsed with the written consent of the nominees.
- c) The Executive Committee elected at the Annual General Meeting shall themselves elect a Chairman (and Vice Chairman if required) at the next Executive Committee meeting.

and

a) Any Full Member of The Association as set out in Rule 2 may submit a motion for consideration at the Annual General Meeting. Any such motion must be seconded by another Full Member and submitted in writing to the Honorary Secretary or Chairman not less than seven clear days prior to the Annual General Meeting.

Nominations or motions can be posted to the Hon. Secretary at the following address: The Hon. Secretary of the HRA,

37 Ingarfield Road,

Holland on Sea, CO15 5XA.

All nominations and motions must be signed by all parties along with their names in capital letters.

Nominations and motions can also be sent by e-mail to:

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Applications should be scanned with the appropriate signatures.

Where a full member is being nominated to election to the executive committee, the wording should be as follows:

I, (enter name), wish to stand for election to the executive committee of Holland Residents' Association.

Signature:

Name in capitals:

Date:

Meet the Committee



I was born and brought up in Thurrock. Worked in London when I left school but didn't like the travelling into London. I married in 1972 and still lived in Thurrock for many years. We have 2 daughters and 4 grandkids.

My husband worked for the local council as a building surveyor and I joined the council soon after. At first paying claims in Housing Benefits but then wanted a new challenge. I then worked in what was the cleansing department as a team leader but progressed to running the refuse service both domestic and commercial services.

Used to not just sitting behind a desk I would get my hands dirty emptying wheelie bins when needed. Couldn't let local residents down. I'm very passionate about the environment after seeing what residents throw away. I then became waste education officer when the council promoted recycling.

I'm used to talking to schools, resident associations at meetings and commercial companies on the importance of recycling as much as possible. We took early retirement and moved to Cyprus but returned after a time there. Always wanting to move to the coast we have lived in Holland now for 8 years. I was up to the start of the pandemic a volunteer at a local primary school assisting in the teaching of early years to read. I'm pleased to be accepted on the committee for the Holland residents association and hope I can assist them in every way.

Shaz Pritchard, Trade & Commerce

Signature of proposer:

Name in capitals:

Date:

Signature of seconder:

Name in capitals:

Date:

No nominations for the committee or motions for the agenda will be accepted after 14th April 2022.

Please note that, at time of issuing this notice, the trustees of the public hall are limiting the total present to eighty. If this should continue to be the case, entry will be on a first come basis.

Stephen Collitt, Hon. Secretary.

Meet the Committee



Over the years I have worked at and experienced many jobs, both as an employee and in a voluntary capacity. I began my career, in the early Sixties, as a "Flexawriter" operator, one of the first type of desk computers, in Royal Exchange Assurance.

Whilst helping the WVS in a hospital on my day off, I met my husband to be who was a Police Cadet. Once married and two children later, I became (wait for it!) Avon lady, playgroup leader, cinema usherette, supermarket checkout girl, home typist for Barnardos and once the children were old enough temping for two days a week in London.

During this time whilst living in Redbridge, I organised a "Young Wives" group which liaised with health workers in order to give support to lonely young mothers. Our group often had visiting speakers, one of which was a Counsellor from what was then called, "Marriage Guidance" now known as Relate. I made enquiries and before long I was involved in arduous training courses in Rugby, Warwickshire. The training was scary and to begin with I felt completely out of my depth. Nevertheless, I personally gained so much from that training and my subsequent years as a Marriage Guidance Counsellor.

To supplement our income I started writing short-stories and articles for magazines with some success and eventually became a member of the Society of Women Writers and Journalists.

After working part-time as book-keeper in a Youth Centre for a few years (that was scary too!) and helping out at Adult Literacy Classes, I decided to go back to full-time work. I spent four or five years in a Computer Software company and then finally as a legal secretary in a large City law firm.

I became nominated as a Neighbourhood Watch Co-ordinator of my street whilst living in Chigwell. Such a good way to get to know your neighbours. I am now a Neighbourhood Watch Co-ordinator where I live now.

Before moving to Holland-on-Sea ten years ago, my husband and I had joined a local bowling club and became "hooked". Being new to the area of Holland we decided to join a bowls club near to us and in a short period we had made many new friends.

My problem is, I can never resist a challenge or say the word "No". Living in Holland-on-Sea is like being in a sweetshop, so many voluntary outlets and clubs to join – never enough days in the week.

Carol Cooper, Health & Wellbeing

Holland Residents Association

Committee Members

President	Colin Sargeant	
Hon. Secretary	Stephen Collitt	Email: <u>secretary.of.hra@gmail.com</u>
Hon. Treasurer	Andy Dunnett	Email: <u>andrew.dunnett@live.co.uk</u>
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Social Secretary	Sandra Tank	Email: <u>SandraTankHRA@outlook.com</u>
Health & Wellbeing	Carol Cooper	Email: Carol.cooper17@talktalk.net
Trade & Commerce	Shaz Pritchard	Email: <u>s4azza@aol.com</u>

The committee can be contacted through the Hon. Secretary at: secretary.of.hra@gmail.com

Who to Contact

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Giles Watling House of Commons, London, SW1A 0AA Tel: 0207 219 0795 Email: <u>giles.watling.mp@parliament.uk</u>

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Mark Stephenson Email: <u>cllr.mark.stephenson@essex.gov.uk</u>

DISTRICT COUNCILLORS

St. Bart's Ward St. Bart's Ward Eastcliff Ward Colin Winfield K. T. King Andy Baker Email: <u>cllr.cwinfield@tendringdc.gov.uk</u> Email: <u>cllr.kking@tendringdc.gov.uk</u> Email: <u>cllr.abaker@tendringdc.gov.uk</u>



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Eat In, Takeaway or Delivery



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34-36 Frinton road Holland on sea CO15 5UL Tuesday - Saturday 9am-4pm Sunday 10-4pm

Our Classic Afternoon Teas

Why not treat a loved one to a special Afternoon Tea?

Visit us or have delivered to your home for any occasion. Variety of options available.



Gift Vouchers Available Too



Buffets and Platters

We can supply cold buffets for any occasion whether it be a celebratory party, conference event or cherishing a loved one with a wake. Or host your gathering within our function room.

Packages tailored for you. Prices start from £6.25 per person