



HOLLAND ON SEA
RESIDENTS ASSOCIATION
established 1926

Magazine

SPRING 2026



HRA ANNUAL MEMBERSHIP (1st Jan. to 31st Dec.)

[the minimum subscription is £3 per year and the maximum is £20]

NAME (Please print)

ADDRESS -----

POSTCODE -----

If you would like to receive regular updates about matters of local interest, please provide your **EMAIL ADDRESS** below:

Please take this completed form and your subscription (cash or cheque) to Kings Avenue Post Office or Stratford Road Post Office (cheques made payable to Holland Residents Association).

Our postmasters do not charge for this service.

Membership forms and cheques (no cash) can also be sent to:
Stephen Collitt, HRA Membership Secretary, 37 Ingarfield Road,
Holland on Sea, Essex, CO15 5XA

Or you can pay directly into our bank account using the following details:

Name: Holland Residents Association

Sort code: 30-65-22

A/c number: 81400160

Reference (your): SURNAME HOUSE NUMBER POSTCODE

(for example: smith12CO151AB)

If you are already on our database, this will enable us to record the payment against the correct household. If you have not registered with the HRA before, please email your reference and contact details to:

membershipsecretary.of.hra@gmail.com

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Welcome to your Community Magazine

Dear Residents,

Well 2026 has started cold and wet, but spring is approaching with daffodils pushing through the mud and offering hope of brighter days ahead.

Our centenary year has started with a well attended quiz night and January's open meeting drew an excellent turnout despite the weather.

The coming months will be busy with events including a garage sale, a scarecrow trail and favourite front garden for all you budding gardeners.

We are also working with our local nurseries on an Easter egg hunt and our summer fete on 1st August

will be an extra special part of our celebrations.

Our first members draw was held on 1st February and I had the pleasure of delivering the £50 to the lucky house - you have time to pay £3 for your year's membership for the next draw in April.

We have recruited a couple of new committee members, but we still have vacancies and would be delighted to hear from anyone interested in getting involved.

Thank you as always for your continued support.

Tracey Hunt
Chairperson of HRA

HRA Public Meeting

The Annual General Meeting of the HRA will take place on Friday, 24th April 2026 at 7.30pm at St. Bartholomew's Church Hall. Please note that only full members and associate members of the HRA may attend this meeting.

The committee needs new members so please get in touch if you're interested in joining us for a rewarding volunteer opportunity and we'll tell you how to join. We're happy to talk with you before any commitment.

Also, as a member you have the opportunity to put forward any motion for discussion. If you would like something to be discussed which is within our remit, please get in touch and we'll tell you how to go about it: our contact details are printed in this magazine.

Please note that all motions, and nominations for committee, must be received by Wednesday, 15th April, thank you.



HOLLAND ON SEA
RESIDENTS ASSOCIATION

Keep up-to-date with your community
Visit www.hollandresidents.co.uk

This magazine can also be viewed online

MEMBERS £50 DRAW RESULT

February 2026

The HRA is proud to be celebrating our centenary year in 2026 - a milestone that reflects a century of community spirit, neighbourly support, and shared commitment to making Holland-on-Sea a great place to live!

As part of our celebrations this year, we've introduced a special members' only prize draw running every other month.

Every paid up household is automatically entered, and each draw offers the chance to win **£50**. Our first draw took place on **1st February**, and we're pleased to share that the lucky winner - a resident of **Madeira Road** - will already have received their £50 by the time this magazine reaches you.

If you'd like to be in with a chance of winning the next draw, make sure your membership is up to date. Existing members should renew before **1st April**, if membership is due, and new households are warmly invited to join the HRA to take



part – joining is easy and you can find details on the inside of the front page of this magazine.

A big thank you to all our members for supporting the HRA over the past 100 years - and good luck in the next draw!

Holland on Sea Public Hall

The Holland on Sea Public Hall enjoyed a good year in 2025 and we would like to thank everyone who used the Hall over the past year either to run the clubs and societies that meet there, those who organised events or booked the rooms for their own celebrations and of course everyone who comes along to join in. Every penny earned from hall bookings is ploughed back in to keep the Hall running and we couldn't keep it all going without this support.

We have lots of things coming up throughout 2026. Our regular groups and societies are all booked in and you will find adverts and posters for these on the notice boards at the Hall, on our own facebook page and other local media sites.

So if you are interested in exercise, dance, special interest groups such as growing plants, art, singing, acting, bowls or even wrestling training or simply meeting others, there's probably something to find and enjoy. Look out to for fairs, fetes, quizzes and theatrical productions. We very much look forward to seeing you.

It's such a shame we have now lost another business in our village.

The lovely card shop in Kings Avenue. With losing The Emporium and the children's dance wear shop too that's three in one area.

Times are very hard for our local shops with high rents and extortionate business rates. They don't like passing on these costs to their loyal customers but sometimes they have no option.

So please support them. We don't want to lose any more. We don't want to see another closure. Thank you.



**PARKING LOT
DANGER**



Will drivers who park outside any of the shops in Frinton Road please be vigilant for pedestrians, wheelchair users and mobile scooters when reversing off the forecourts?

There have been so many near misses with vehicles reversing it's an accident waiting to happen. It's convenient for drivers but would be better if you use the Ipswich Road car park.

Sometimes it's quicker to walk just that short distance. Thank you.

A date for your diaries

The Holland on Sea Centenary Village Fete - Saturday 1st August, 12pm to 4pm. - at the Village Green in Brighton Road.

A larger free funfair for children and adults. Face painting. Many craft stalls and charity stalls. Pizzas to burgers. Sausages to paninis and Baristas and tea.

A fully stocked bar for the adults and soft drinks for the kids. Popcorn and candy floss and much more. Classic cars, dog show, live band and a DJ.

More to add in the coming months. So don't forget Saturday 1st August 12pm.

A Village fit for a King...Greene King

Turn the clock back 126 years, or more, and we would be surrounded by farmland in Little Holland with modest accommodation for the few farm workers, whilst up at Holland Haven was Little Holland Hall and the ruins of what was once a small church serving the sparse population. One of the farm cottages, situated on the main road from Great Clacton to Great Holland, and belonging to Bennetts Farm, would dispense ale to those that required refreshment.

An early landlord was William Cole but in September 1881 the licence for “the Beer House, Little Holland” was granted to Fleetwood Codd by Thorpe Magistrates. To say that Codd was a character was probably rather too polite as he would tend to overindulge in his own goods and was, on at least one occasion, fined for breaching the licensing laws. The bibulous Codd, who could only sign his name with a fancy cross, transferred the licence in August 1882, through the Tendring magistrates sitting at Mistley, to Joseph Gould who was a carpenter of Little Holland. It acquired the name Princes Helena, named after the fifth child of Queen Victoria and Prince Albert, but when the establishment proudly unveiled the pub sign it was discovered that the signwriter had misspelt the name which now displayed Princess Hellenia; this being corrected a few years later. But already there were signboards adorning the outside of the pub proclaiming Greene King & Sons Ltd. Fine Suffolk ales, stout and porter; the company having purchased the building.

When the Little Holland farmland came up for sale and was acquired by David Cripps Preston in 1900, with his vision of developing a seaside village, the early plans showed plots identified for hotels. Preston recognised the importance of hotels as both attracting visitors and acting as a base for prospective clients. The site, earmarked for



The Princess Helena, complete with incorrectly spelt sign board, along with the horse and wagonette available for hire from there in the late 1880's.



The Kings Cliff Hotel shortly after its opening in 1932 and prior to the extension on the first floor alongside Kings Avenue three years later.

a hotel on the corner of the seafront and Kings Avenue, failed to attract a buyer when it first went up for sale but subsequently was purchased by Samuel Newstead who already had the Carlton Restaurant in Clacton. Unfortunately, for Newstead, he failed to gain a licence to sell alcohol as Greene King objected on the grounds that it would seriously impact on the financial viability of the Princess Helena. Despite several attempts to gain the licence, over a period of no less than 25 years, Greene King repeatedly objected but Newstead did eventually get his licence and the work on the hotel at last got



A boy waits patiently outside the Roaring Donkey in the 1950's under a dramatic sky.

underway. Tragically, Newstead passed away shortly after, resulting in work stopping. The building was put up for sale but attracted no interest until some three years later when in stepped Greene King that went on to finish the hotel and open it in 1932. Such was its success that in 1935 an extension was added; the Kings Cliff becoming Holland on Sea's premier hotel.

In that same year the Princess Helena was demolished and Greene King had the architect Basil Oliver design a new pub which was built by C. H. Chaston and Co of Clacton that had offices next to St, Bartholomew's Church, where the National Westminster Bank was later to operate from. The building matched the Kings Cliff Hotel externally in as much as having cream coloured walls and white window frames; both having substantial flagpoles in their gardens carrying flags with the name of each establishment picked out in green on a yellow background. However, it wasn't Princess Helena that fluttered from the masthead but "Roaring Donkey"; the pub had been renamed.

Greene King didn't stop there as they had an off-licence, with living accommodation above, built in a similar style to the Roaring Donkey, on Holland Main Road between Holland Public Hall and the Baptist Church.



The very attractive Holland Off-Licence with its immaculate lawns (picture courtesy of Peter Cross whose grandparents ran the Off-Licence and, prior to that, The Princess Helena, followed by The Roaring Donkey.

Once again it wore the Greene King colours of cream walls and white window frames, with a very attractive large main window between the sales door and the door to the living quarters. Something that always struck the author as a young boy, on his trip to the off-licence to exchange soda siphon bottles, was the immaculately kept front lawns that provided such a welcoming and attractive vista.

Greene King clearly had designs on Holland on Sea and purchased two plots of land for future growth as a hotelier and these were on the corner of the seafront and York Road, and the seafront and Cliff Road; corner plots providing the best visual dominance of a hotel's offer. Nothing was ever built but the ownership of these prime sites also prevented rival businesses establishing themselves. In the early 1970's Greene King sold off these parcels of land and there now stands York Mansions and Medusa Court.

The Kings Cliff has, in more recent years, been sold to Surya Hotels; the Off-Licence sold and subsequently became Clouseau's and then Maffias, whilst the Roaring Donkey remains a Greene King pub under its Hungry Horse brand.

Richard O. Walker

I wanted to share our incredible journey with the Holland on Sea Theatrical Society (HOSTS) over the past year. Our daughter Evie was invited to audition for the role of Rapunzel in the 2024 pantomime, which led us to where we are today—leading HOSTS!

When Evie auditioned, only the roles of Rapunzel and the Prince were available and she eagerly joined and quickly became part of the HOSTS 'family.' The pantomime was a great success, and Evie was excited to become a full-time member. However, we learned that the Chairman, Treasurer, and Secretary were stepping down, leaving the society without leadership. When no one volunteered at the AGM, Paul and I stepped up as Chairman and Secretary, despite having no prior experience.

Paul and I have been foster-carers for 16 years, welcoming many children into our home. Drama has proven to be a fantastic way to build confidence and self-esteem. With support from HOSTS members, we've put on two successful productions, including a sold-out Murder Mystery. This year's pantomime also received a warm reception, and we've gained new members who had a great time.

Leading HOSTS has been a rewarding experience, and we've even recruited family and friends into the 'family,' including some of our foster children. If you've ever considered trying something new, don't hesitate—take the leap today!

We welcome members for various roles, from acting to front of house and backstage. We rehearse at Holland Public Hall on Monday and Wednesday evenings. We look forward to hearing from you.

 Please follow us on our facebook page

Email: dev-lin@hotmail.co.uk



Why You Should Join HOSTS
Holland-on-Sea Theatrical Society

Holland-on-Sea
H.O.S.T.S.
Theatrical Society

- Be part of amazing shows - on stage or behind the scenes
- Meet new people and make lifelong friends
- Build confidence, creativity, and new skills
- Have fun, laugh lots, and make unforgettable memories
- From acting and singing to backstage and costumes there's a place for everyone.

Message for details!

#HOSTS #HollandOnSeaTheatricalSociety

Cards & Crafts Collection

NOTICE OF THANKS AND APPRECIATION

After 23 wonderful years, the time has come for my cards and gift shop to close as I step into retirement.

This shop has been far more than a business-it has been a place of connection, celebration, and community. From helping you find the perfect card or gift to sharing conversations and memories along the way, it has been a true privilege to serve you.

I am deeply grateful for the loyalty, support, and kindness shown by my customers, over the past two decades. Your support has made these 23 years not just possible, but truly meaningful.

As I close this chapter, I carry with me immense gratitude and many fond memories. Thank you for being such an important part of this journey.

**With Heartfelt Thanks
Maxene**

TABLE TOP SALE

**SATURDAY 14th MARCH
2026**

10.00 am to 12.00 noon

*Second-hand treasures at bargain prices
(clothes, jewellery, plants, bric-a-brac, cakes,
tombola, books, games, etc.)*

Free Entry with Refreshments available at

*Holland-on-Sea (York Road) Bowls Club
Madeira Road CO15 4NF*



SATURDAY 20th JUNE



At Holland Public Hall



DOORS OPEN 6.45pm for
7.15pm START

Teams of up to six per table. Entry: £3 per person

BRING YOUR OWN NIBBLES AND DRINK

BOOKING ESSENTIAL

A non-refundable deposit of £9 per team will be required at time of booking.

Details of how to pay will be provided.

To book a table: Text 0784 208 1362 or
e-mail: membershipsecretary.of.hra@gmail.com

Holland on Sea



ADVANCE NOTICE

Saturday 27th June 2026
9.00am to 1.00pm

Start saving your bits and pieces.

Please do not register as a seller yet as details will be published later on our website, Facebook, our notice boards at The Donkey and Public Hall, and also some local shops.

You must be an HRA member to register as a seller. To join the HRA costs as little as £3 per year per household.



St. Bartholomew's Church &
Holland Residents' Association



HOLLAND-ON-SEA

SCARECROW TRAIL

If you would like to make a scarecrow, contact

Julie on 075-275-14769 or email

Julie.collitt@btinternet.com by 16th July

Theme: **Children's Fictional Characters**

(Holland residents only)



The Trail is open to the public from
Friday 24th July to Thursday 30th July

Welcoming New Players this Summer
Happy Valley Bowls Club



Save the Date

**OPEN DAY
11AM - 3PM
SATURDAY 25TH APRIL 2026**

No experience necessary or if you have played before then come along and show us what you can do!

Free tuition and free use of Club Bowls

On your own or as a couple, widen your social life and make new friendships!

Outdoor Bowls (summer)
Indoor Carpet Bowls (winter)

Crib Afternoons

Social Evenings and Meals

Quiz Evenings

Disco and Themed Evenings

Live Music

Sunday Bar Get Together - Bring your Family & Friends

No obligation to join but if you do then you can take advantage of our highly discounted membership rate for new Bowlers

Call, text or email us for further information or just pop along on the day

M: 07795544498 E: club_secretary@happyvalleybowls.co.uk



On the corner of Sladbury's Lane | Clacton-on-Sea | CO15 6NX

Clubs

Holland-on-Sea 129 Ladies Club

Holland 129 Club is a friendly Ladies Club and has met in Holland-on-Sea for 60 years – when it began as a Young Wives Club in 129 Fleetwood Avenue.

We meet at Holland Public Hall, Frinton Road on the 2nd Thursday of each month. Doors open for members at 7 pm for a 7.30 pm start. Membership is **£28** for a full year (from April). Visitors are welcome and pay £5 for the evening.

We celebrated our Diamond Anniversary – 60 years during 2025.

Our Programme is as follows for the Spring/Summer:

Thursday, 9 April 2026	Talk by Norman Jacobs - 'Clacton Pier - The First 150 Years'
Thursday, 14 May 2026	Deborah Hart - 'Working with Willow'
Thursday, 11 June 2026	Stephanie Disch from The Dog's Trust. 'A Dog is for Life' There will be items for sale.
Thursday, 9 July 2026	Alex Knuffer - 'The Music of the Beatles'

Registered Charity Number 1099182



TENDRING DISTRICT U3A UNIVERSITY OF THE THIRD AGE

Tendring District U3A is an independent group and part of the national Third Age Trust which aims to provide social learning opportunities for people in older age who are no longer in full time employment.

We have been operating for over 30 years with monthly speaker meetings and separate interest study groups. There are around 30 such groups, using both Holland Public Hall and members' homes, meeting on a wide range of subjects from Art Appreciation to playing Scrabble.

Our monthly speaker meetings are held at Holland Public Hall on the first Friday of each month with doors open from 1.45pm for a 2.15pm start including refreshments. Our Spring programme for 2026 is as follows.

March 6th	Plants that changed the World	Frances Boardman
April	No meeting due to Good Friday	
May 1st	Annual General Meeting (members only)	
June 5th	Essex Heritage Plaques	Keith Lovell
July 3rd	Landscape & Nature of British Isles	Roger Hance

The membership fee is very reasonable at £14 yearly from 1st January.

For more information, please contact Margaret Lamdin on 01255 421862.



Calling All Future Adventurers!

A Brand New Squirrel Scout Drey is Opening Soon in Holland-on-Sea

Are you looking for an exciting and engaging experience for your 4 or 5-year-old? Look no further. Squirrel Scouts are the youngest members of the Scouting family, and our new Drey is opening soon to welcome your little one to a world of fun, friendship, and discovery.

What Do Squirrels Do?

Squirrels get to embark on amazing adventures every week! They'll enjoy:

- Outdoor Exploration: Discovering nature, playing games, and learning about the world around them.
- Creative Activities: Getting crafty, telling stories, and expressing their imaginations.
- Teamwork & Friendship: Making new friends and learning to work together in a supportive environment.
- Skill Building: Developing independence, confidence, and new abilities through exciting challenges.

It's all about playing, learning, and growing in a safe and stimulating setting.

We Need You! (Volunteer Opportunities)

To make this new Drey a roaring success, we're also looking for enthusiastic adult volunteers to join our team. No prior Scouting experience is necessary – just a willingness to have fun and help young people thrive. Whether you can spare an hour a week or a few hours a month, your contribution will make a huge difference. Full training and support are provided.

Get Involved!

Interested in signing up your child or becoming a volunteer?

Contact us for more information:

Email: tendring@essexscouts.org.uk

Phone Julie on: 07557 530662



Join the adventure today – for your child, or for yourself!

Kennedy Way Community Garden

Always looking forward, here at the garden we have started seed sowing. Late January, onion, leek and celery seeds have been sown in empty plastic milk bottles- little mini greenhouses. A new one for us! The gardeners are always on the lookout for cost saving and recycling ideas. Any new ideas are very welcome. As one of our members says, 'Every day is a school day'!

The gardeners have started planning the May Open day on the Wednesday 13th May. They will soon be sowing sunflowers, different tomatoes, chillies and more.

There are also plenty of perennial plants for sale. All grown by the gardeners.

Remember you don't have to wait till our open days to buy plants or items from the Men's Shed. You can pop round to see what you can get for a suggested donation. All proceeds go back into the project, contributing to all aspects of running the garden and the Men's Shed.

The Men's Shed is getting very popular. A new session on Wednesday morning has started. There are regular skill sharing sessions where all members come together to demonstrate their knowledge for example the lathe. If you are interested in joining the group, please pop along to put your name on the waiting list.

Though the garden can be a busy place, there is a Silent Space where you can come, be quiet and listen to the birdsong. All gardens are places to watch and notice the small things as everything grows around you. We have a monthly Cup 'n Chat on the first Wednesday of every month 9.30 to 12.30pm. Also, from the 30th March, there is a Men's Coffee and Chat on the last Monday afternoon of every month 1.30 to 3.30 pm.



If you would like to take part in any of these projects at the garden, please pop in for a tea or coffee to chat to our lovely volunteers. Or alternatively give Lynn Reed-Golden a ring on 07759 128447 or email her on lynn.reed-golden@cvstending.org.uk.

For more information about all the CVST ongoing activities and projects visit www.cvstending.org.uk or visit us on Facebook: CVSTending.

Seated Yoga at Kennedy Way

Day: Thursday

When: 1.15pm – 2.15pm

Cost: £4 per session

Mind the Music

Last Friday of every month. 1pm -2.30pm

Singing with dementia

Sports & Leisure

Get Cycling!

Free and Easy

A leisurely hour long cycle ride along the traffic free National Cycle Route 150 taking place on the second and fourth Sunday of every month, weather permitting. We never cycle on the road.

The 'meet' is outside the Kingscliff Hotel at 10:30 am



Tending Winner
of Active Essex
Award



KINGSCLIFF



Holland Table Tennis Club

Anyone is welcome, regardless of ability.

It's on Thursday evenings – 19.00 to 21.00 pm.

We are a very friendly group and happy to teach anyone to play.

We have tea and biscuits at 20.00 pm.

It's held at the Holland Baptist Church Hall, Frinton Rd, CO1 5UR.

Any information can be obtained from Dave at

email: davejw23@btinternet.com. Telephone: 07759795292.

Kennedy Way Surgery News



When you visit the surgery, you may be forgiven for thinking that the only support staff are those in the room behind reception. This is far from the case. Members of the PPG Committee were recently invited to visit the upstairs office.

In this room there are some 14 staff members working on various activities including: monitoring daily requests, recent hospital discharges, and patients with cancer or dementia. Also, there is a team who deal with the registered housebound patients and those needing a home visit, plus an acute team who cover the respiratory clinics and any requests that come through ASKMYGP between the hours of 5pm and 6.30pm to ensure continuity of clinically triaged requests / queries.

In addition to these there are secretarial staff, community workers, and general administrators who deal with ad hoc requests including liaising with the coroner's office. All of these are extra to the people who you deal with on a regular basis like the receptionists and prescription clerks.

On a personal note, as the surgery now seems to be running more efficiently than ever there is little to report on a regular basis. If there are any issues that arise in the future, I will of course let patients know either in the magazine or through the secretary of the HRA. Although I cannot deal with individual patients' personal problems I can be contacted at davrit.garnett16@gmail.com.

Rita Garnett

(Chair Patient Group)

From Holland on Sea Baptist Church



Activities at Holland on Sea Baptist Church

Sunday – Family Worship service 10:30am approx. 1 hour everyone welcome.

Tuesday – Prayer meeting 10:00am.

Tuesday – Friendship club 1st Tuesday of month 14:00 (2 hours).

Fun, Quizzes, Games, Speakers, Friendship and refreshments.

Wednesday – Care group, discussion and friendship. 10:00am (90mins).

Thursday – Lunch Club (12:30pm) all welcome. Booking necessary 4 course lunch.

Thursday – Care group, discussion and friendship. 19:30pm (90mins).

Friday – Care group, discussion and friendship. 10:00am (90mins).

There are various other activities throughout the month – Brownies, Guides, martial arts, fitness, Dancing, Choir, Knit 'n' Natter, Ukulele, table tennis etc.

You are all very welcome

Feel free to contact us on **01255 814617**. Website: hollandonseabaptistchurch.com

Hall hire, Weddings and Funerals **07761119308** or email: daveandmegmiddleditch@aol.com

From St. Barts



Do feel free to join us at St Bart's this spring term:

9.30am Sunday mornings for Parish Communion.

2.00pm Friday afternoons for Carpet Bowls.

2.00pm Saturday afternoons (alternate weeks) for Barts Buddies.

As we head into Lent and Easter we have a few extra services planned with our sister church - St Paul's, Clacton-on-Sea.

All the details can be found on our website: Stbartshos.org.uk



We're a new breakfast nutrition club helping you with your health goals. Book your free wellness evaluation and learn more. No obligation!

DO YOU WANT TO...

- Lose weight?
- Increase energy?
- Improve wellness?
- Boost sports activity?

WE CAN SHOW YOU HOW!

GET YOUR FREE BODY SCAN AND NUTRITIONAL EVALUATION WORTH **£50**



WHY JOIN?

- More than a weekly weigh-in – it's a supportive space
- Personalised nutrition support for your goals
- Regular Breakfast Club check-ins
- A positive community with encouragement (and laughter)
- Simple, practical guidance you can trust
- Ongoing support via our WhatsApp group

Call Debbie Lamb or text **WELLNESS to 07949 774244**

Unit 1A, Clacton Enterprise Centre 1-2 Davy Road Clacton-on-Sea, CO15 4XD

FOREVER CHERISHED CRAFTS



**Personalised resin gifts & keepsakes.
Including preservation of flowers, ashes and
other sentimental items.**

Looking to preserve a memory or a moment?
Our made to order resin preservation service offers a bespoke
way to enjoy your memories for years to come.
For example; occasion flowers, cremains, new baby items or
just a special keepsake Our handcrafted resin designs can
help bring memories from the past into the present and more
importantly the future.

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Clacton Choral Society

Clacton Choral Society welcomes you to enjoy their Easter concert,
chosen this year as Mozart Requiem Mass.

Under the direction of Carol Newnham with organist

Duncan Archard. The choir will include four guest soloists.

Also to be sung are 'King of Glory, King of Peace' by J.S.Bach and 'Come
Down O Love Divine', by William Harris.

St. James' Church, Tower Road, Clacton on Sea, CO15 1LE will host the
concert at 4pm on **Saturday 28 March 2026.**

Refreshments will be served at the conclusion of the concert.

Tickets in advance at £15 from:

www.ticketsource.co.uk/clacton-choral-society

Or from Roger Broomfield on 07949 127216

rogerbroomfield@hotmail.com



Help Recovery Naturally

When we have had surgery or a debilitating illness, it can take a while to feel better. You can still be suffering from pain, fatigue, poor sleep, anxiety from recovery. This can be because of the healing process and inflammation.

Diet, herbs, spices and supplements have been shown to help.



Antioxidants are found in food, and vitamins can help to reduce tissue damage, pain management, and reduce infection risk. The main vitamins involved are Vitamin C and E. Foods to include are berries, carrots, broccoli, dark greens, nuts, dark chocolate, green tea. Also found in spices turmeric, cinnamon, oregano, ginger and garlic.

To help with fatigue it is important to allow your body to rest, provide good nutrition and increase hydration.

Probiotics are very helpful as any trauma can cause an imbalance of our gut bacteria which plays a part in our immune system and overall health. Taking one daily post-surgery or illness for 2- 3 months can help to restore balance.

Homeopathic medicines have been used for centuries to aid recovery: Arnica for pain, bruising and to help healing; Calendula: to help tissues heal and has good anti-bacterial properties; Hypericum: help reduce nerve pain; Kali Phos tissue salts: reduce stress and help sleep.

Always consult a registered practitioner before using vitamins and herbs and for advice on diet and supplements.

Lucille Cowell N.D

Registered Naturopath, Homeopath, Gut Health Specialist
gutandwellnessclinic@gmail.com / 07720385068

Ivy Grace Home Care

Your Local Community Care Agency

Are you happy



with your current care company?

Never settle—everyone deserves the best care they can get!

Even if you're with social services, you can ask for direct payments and pick the care company you like.

01255 441155

Personal Care, Medication Support, Meal Preparation,
Companionship and more....

We cover Thorpe-le-Soken, Clacton-on-Sea, Frinton & Walton Areas

Email: info@ivygracehomecare.com
www.ivygracehomecare.com



Rooms from **£1,000** per week



Award-winning residential care in Clacton-on-Sea

Maitland House care home in the heart of Clacton provides high-quality, short-term respite care and longer-term support to older people.

The home is close to the sea front, a short walk from the promenade. Bedrooms are decorated individually and feature ensuite facilities. Cozy communal areas and a pretty dining room offer a lovely environment. Meals and activities are personalised to every individual's choice and we support residents to continue to enjoy the local area.

To find out more, please contact us or visit us online at www.blackswan.co.uk.

Maitland House
33 Church Road,
Clacton-on-Sea CO15 6AX
Tel: **01255 421415**
Email: MaitlandHouse@blackswan.co.uk

R. GWINNELL & SONS

Family Funeral Directors and Monumental Masons

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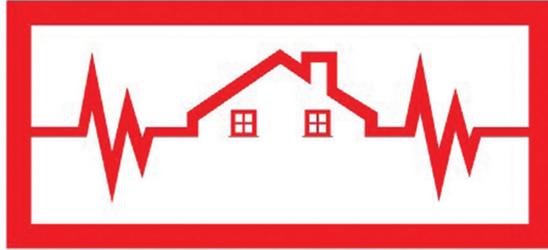
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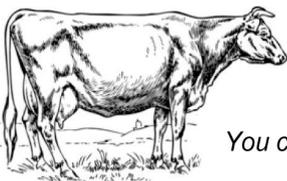
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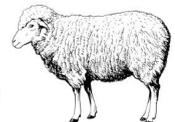
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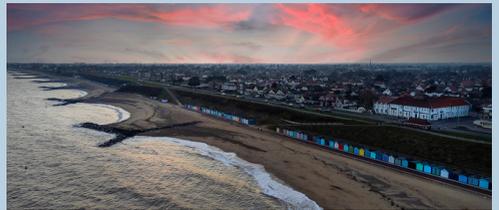
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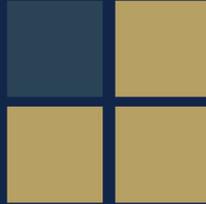
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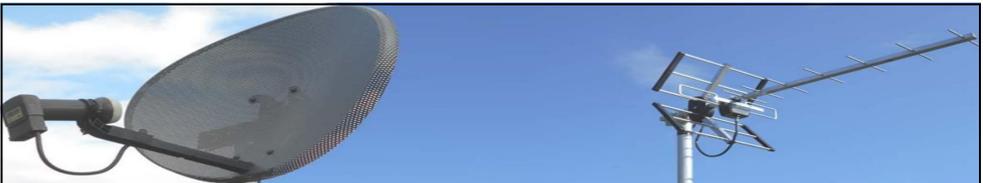
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Your County Councillor



As this will be my final article in the Holland Resident Association magazine as your County Councillor, I simply want to say thank you.

It has been a real honour to represent Holland over these past years. I've always tried to work in a straightforward way — listening carefully, responding where I can, and standing up for what local residents have told me matters most. The conversations on doorsteps, the emails about highways or schools, the chats at local events — all of it has shaped the work I've done on your behalf.

The support you've shown me over the years has never been taken for granted. Public service only works when there's trust between residents and their councillor, and I have always appreciated the open and honest way people in Holland share their views. Even when we haven't always agreed, the discussion has always been constructive and rooted in wanting the best for our community.

As many of you will know, county division boundaries have recently changed. Because of those changes, I am no longer considered local to the Holland division and therefore will not be standing here in the May elections. Instead, I will be standing in the division where I now live.

This decision is entirely due to the boundary changes. I remain committed to serving as an Independent councillor, working in the same way I always have — focusing on local issues rather than party politics.

Holland has a long and proud tradition of supporting Independent representation. Time and again, residents here have chosen independence over party labels. That says something important about this community. It reflects a belief that councillors should answer first and foremost to the people who elect them, not to a party line. Independents can speak up freely, vote on each issue as it arises, and focus on what residents actually want and need.

That is why I am pleased to support Councillor Adrian Smith, who is standing as an Independent and, importantly, lives locally. Local representation really does matter. Having someone who lives in the community, understands its day-to-day concerns, and is directly affected by the decisions being made makes a real difference. Adrian shares the Independent approach and the commitment to putting residents first.

Looking back, I feel grateful for the opportunity I've had to serve Holland. Together we have dealt with challenges, celebrated successes, and worked through the everyday issues that matter to people's lives. What has always stood out to me is the strong sense of community here — people who care about where they live and are willing to get involved.

Although this is my last article for Holland as your County Councillor, it is not goodbye. I will continue to take an interest in the area and to support the community in any way I can.

Thank you for the trust you have placed in me over the years. It has been a privilege to serve Holland.

With best wishes,

Mark Stephenson

County Councillor, Clacton East

Your District Councillors

Working With You and For You

As part of our ongoing commitment to transparency and community engagement, your district councillors are pleased to share their latest updates. Each of us brings a unique perspective and focus, reflecting the diverse needs and interests of our wards. Here's what we've been working on:



Andy Baker **District Councillor, Eastcliff Ward**

As we move further into 2026, let's hope the rain and dismal weather is now behind us and we can look forward to enjoying the Sunshine Coast and all it means to us, here in Holland on Sea.

Unfortunately, my first few weeks of the New Year were affected with the nasty 'bug' that was going around which hit our household quite badly, which impacted on my being able to get out and about as much as I would have wished. I hope any residents similarly affected are now better.

As I said in my last article, we will be running Councillor Surgeries again this year. Four have been booked in, with the first on Saturday 21st March, at the Village Hall Committee Room, between 10am and 12 noon. The next will be on Saturday 16th May, same place, same time.

Within Eastcliff there is not much to report as it has been reasonably quiet, but I have asked Open Spaces to increase the bund on Marine Parade East, as well as install CCTV near the gate in Fourth Avenue to increase security. I am hopeful that by the time you read this progress will have been made.

As the weather improves I will be undertaking regular Ward walks to check on various things, and no doubt report the inevitable potholes, and other issues, that will appear.

My Portfolios of Housing and Planning have also been keeping me busy, with the Local Plan progressing and a consultation being run until March, as well as Homelessness issues presenting every day. I was also interviewed, for a podcast, in early February, about Jaywick Sands and the deprivation that keeps being mentioned, just one of the other things we, as Councillors, are requested to do.

As always, stay well and safe, I can be contacted either on email, shown elsewhere in the magazine, which is the best way for me to be contacted, or on 07773 008077.

Carrie Doyle

District Councillor, St Bartholomew's Ward



A very brief update from me at this cold wet and windy time of year.

I have been busy alongside my fellow councillors trying to make sense of the not too distant changes which may be happening in local Government. Promoting the consultation around town and Parish councils has also been high on the agenda.

Personally, I have also been busy with a range of resident concerns, including parking by our primary school which seems to be making life challenging for some of our residents. Could I kindly request we consider others when parking especially around our schools.

As always, any concerns please do send me an email.



Adrian Smith

District Councillor, St Bartholomew's Ward

Over the past three months, our village has continued to make steady and meaningful progress. I am pleased to confirm that at least 10 new fruit trees will soon be planted on the Brighton Road village green—an investment that will enhance the area for years to come and contribute to a greener, more attractive community space.

Our new waste contract begins in April, with the most noticeable changes arriving in October when we introduce glass recycling as part of the regular household service. New green glass bins will be delivered to residents in September, and we will continue to share updates as we approach the launch of the new system.

Community involvement continues to make a real difference. I have regularly joined the Clacton Volunteer Litterpicking group over the past five years, and they—along with the Holland on Sea Litter Pickers—always welcome new volunteers and can both be found on facebook.

We value your ideas and communication and continue to work closely with the Holland Residents Association. Together, we help make our village a better place for everyone.

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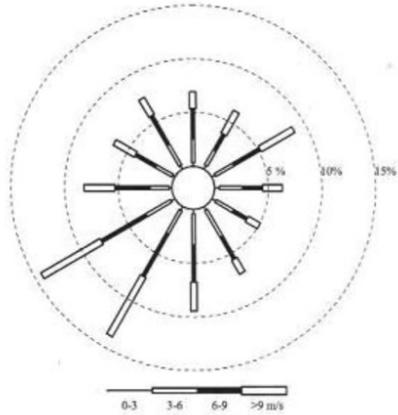
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Looking out to sea from Holland-on-Sea you cannot fail to notice the wind turbines. This is the Gunfleet Wind Farm. Before it was constructed in the early 2000s data from a test tower was used to construct the 'wind rose' that you can see. This shows the strength and direction of the wind that you can expect to experience when you take your dog for a walk along the beach.

The *length* of the bars on the diagram shows the *proportion* of time that the wind blows from that direction. The two longest bars are from the South West – strictly speaking, WSW and SSW. Basically this means 'from the end of the pier'. There is also quite a long bar from the S which means 'off the sea' and the next longest bar is from the NE, which basically means 'from Frinton'.

But in addition to the direction we also need to talk about the strength of the wind. On the wind rose the *thickness* of the bars indicates the wind strength. The key at the bottom shows that the thickest bar



indicates a wind strength of more than 9 metres per second which corresponds to 19 to 24 miles per hour. Beaufort Force 5. Which means it's pretty windy.

So this will tell you what you might expect next time you take your dog for a walk along the beach. But here's the thing. Your dog doesn't care which direction the wind is coming from or how strong it is. They just want you to take them for a walk!

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Closing date for the Summer 2026 edition is 8th May 2026.



Articles for the Summer 2026 edition of the HRA Magazine are to be submitted to Maureen Cochlin (littlemaur199@gmail.com).

Final date for submission is Friday 8th May 2026.

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Eastcliff Ward

Andy Baker

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What is interesting for us is the passion that our volunteers have for supporting their community, they are an amazing group of people who selflessly give up their free time for this project either as Trustees, Project Leads or as volunteers in the shop or at our storeroom. We just couldn't do this without them. Indeed, everyone at the Clacton School Uniform Bank is a volunteer unlike some charities who employ staff on a salary.

We continue to integrate with other charities in our community and will have attended 2 winter warmer events by the time you read this. These events are brilliant as it means we work alongside other organisations who care as much about bringing an ethos of compassion into the community as we do, it truly is amazing.

We have an amazing community, who never cease to surprise us with their generosity, local businesses support us in so many ways, as do the public with donations of pre-loved uniform, to offers of helping at any events etc and everything in between. We are in awe of them.

We no longer work from the Holland Public Hall, but do keep stock there, thanks to the generosity of the committee.

Thank you to everyone in our community who support us in one way or another, we are so proud that you are standing with us on the amazing adventure.

Carrie & Trisha

Project Leads for Clacton School Uniform Bank

Our address is 14a St Johns Road, Clacton CO15 4BP and our opening times are currently as follows:

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Articles for the Spring 2026 edition of the HRA Magazine are to be submitted to Mo Cochlin (littlemaur199@gmail.com). Final date for submission is the 8th of May 2026.

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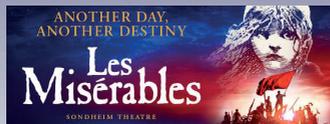
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The Holland Residents' Association is by its constitution a non (party) political organisation. That said we are always happy to engage constructively with duly elected representatives – MP/Councillors (irrespective of any political groups to which they may belong) to keep them informed on matters of local interest, to seek their assistance in representing the interests of residents at their respective levels, and to hold them to account for their actions, or inactions. To this end we offer them space in this magazine to give a (short) report on their activities over the past three months.

Their names and contact details appear on the HRA Committee Members page.



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