



HOLLAND ON SEA
RESIDENTS ASSOCIATION
established 1926

Community Magazine

SUMMER 2023



Holland Residents Association Community Magazine

is delivered **FREE** in print form to every home in Holland-on-Sea.

To advertise in this magazine please contact: andrew.dunnett@live.co.uk

Deadline for the next edition (Autumn 2023): Tuesday 1st August 2023.

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Advertising Rates

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Half Page (130mm x 92mm)	£45
Full Page (130mm x 187mm)	£80

An invoice will be sent via email following the publication of each issue and payment is requested by BACS.

We thank all our loyal advertisers who support the production of this magazine. Committed to providing the best information in your local area, our own dedicated members are fully involved in every step of this process.

Articles for the Autumn edition of the HRA Magazine are to be submitted to Maureen Cochlin (littlemaur199@gmail.com). Final date for submission is the 1st of August 2023.

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HRA does not officially endorse any advertising material in this publication.

The HRA Magazine is printed by Dolphin Artwork, Walton-on-the-Naze.

The Holland Residents' Association is by its constitution a non (party) political organisation. That said we are always happy to engage constructively with duly elected representatives – MP/Councillors (irrespective of any political groups to which they may belong) to keep them informed on matters of local interest, to seek their assistance in representing the interests of residents at their respective levels, and to hold them to account for their actions, or inactions.

To this end we offer them space in this magazine to give a (short) report on their activities over the past three months. Their names and contact details appear on the inside back cover of this edition.

Please note that the elected councillors for St Batholomew's Ward that covers most of Holland on Sea - Councillors King and Winfield represent a political party – "Holland on Sea and Eastcliff Matters". This group has no connection with the Holland Residents Association. In particular, the HRA does not sponsor that group and nor does that group represent the HRA.

Welcome to your Community Magazine

When asked to prepare a report for the AGM I considered what I had learned over the last year concerning the HRA. Prior to becoming a committee member for the HRA I hadn't realised just how much the HRA contributed to our community. I had read the magazine and attended public meetings, of course, but never a thought as to how the magazine materialized or how the contents were obtained. After a year as Chair, I now know. With little fuss, the HRA works to provide information and events for this small part of Essex, our home, as it were.

Despite the aftermath of Covid during the last year, we have held Garage sales, in which we had over 100 entries in 2022 and over 60 this year; a Poetry competition and of course, a "biggy" – the Village Fete. What a success that was, to be repeated this coming August. Funds were raised in order to purchase a defibrillator. In partnership with the "Lions" charitable organisation we managed to purchase a community defib. The Golden Fillet Fish and Chip Shop in Frinton Road has kindly offered to place the machine on their shop front as well as offering to contribute towards the ongoing maintenance of it.

A wildflower area is presently being created at Ipswich Road and a front garden competition is to be held in 2024. Keep an eye out in the Autumn issue of the magazine in order to prepare your garden in readiness.

In addition, we are researching the purchase of solar street lights for the 2023 Christmas festival. If successful,

we hope to make their turning on a very festive event.

The flag pole outside the Community Hall was situated so close to the existing tree, until recently, stopped the flag from being hoisted. The tree has now been lopped so it is hoped we can look forward to seeing it flying at the various celebrations.

At public meetings the HRA have done their best to provide speakers to deal with issues pertinent to local residents. At the same time, Councillors have done their best to answer your queries and to follow up concerns. By way of example, these have included abandoned vehicles along Holland's sea front and pot-holes, a seemingly never ending issue.

We are a small committee who, at monthly meetings, discuss topical issues and concerns relating to Holland. In addition, we try to anticipate those that are likely to present themselves in the future. All this, I may add, would be far more difficult without the aid of local and Essex councillors. It is our hope that any newly elected councillors, as well as supporting the HRA, will take the opportunity of contributing to our discussions.

Finally, I hope you will join with me in thanking the committee for their hard work and endeavours to help our community function agreeably. The HRA is just part of the bedrock that makes living in Holland such a positive experience.

Carol Cooper
Chairperson of HRA

The Wildflower Project

We are a group of around ten volunteers who want to enhance the area at Ipswich Road. It's already a pleasant area with established trees and is popular with dog walkers. However, it lacks colour and diversity.

The group has planted around 350 bluebells in the woodland area and some may flower this year. Members have now turned their attention to an area of scrub adjacent to the toilet block.

This area already had a few rose bushes and one or two perennials. This had been tended by one person but now that a group has been created we plan to transform it into a garden with a variety of plants. In the autumn we shall be creating a wildflower meadow.

Joining the group is easy: we meet most Saturdays at 10am and work for an hour. If you want to join, turn up or e-mail me. We



would welcome you. One member often bakes a cake. If you can't join us but have an idea, do let me know.

Our aim is simple: to create an area in Holland where residents can enjoy the plants which will – hopefully – attract more insects and birds.

Stephen Collitt,
secretary.of.hra@gmail.com



Tending Neighbourhood Watch

Affiliated to Essex County Neighbourhood Watch Association
Charity Number 1168988

In the 16 century the term "hue and cry" basically meant calling on all fellow villagers to chase the criminal. If villagers failed to join in the village could be fined. Before the initial police force started in 1829, there was a hodge-pot of part-time volunteers of night watchers, "thief takers" hired to hunt for criminals and other itinerates. Thankfully, times are a little more civilized and we are no longer required to drop whatever we are doing to chase somebody down a high road!

However, by joining Neighbourhood Watch, we can protect ourselves by keeping our own "watch" and sharing any local vulnerabilities with each other by email or post. Neither requiring the greater effort of running!

If you would like to join our army of "hue and cry" please get in touch with the Chairman, David Sexton at tendingnhw@outlook.com or 07900430088.

Purple Pals



Long summer days and light evenings is always something we look forward too, even more so after a hard winter – or just winter in general! Well, that time has come – we never know for how long with the British weather and if we didn't have that to complain about, I think we would all be lost!

Hopefully, this year we will not have the issues that caused heartache for many last year – with the extreme temperatures that were experienced. It is hard enough for us to cool off but when you factor in a full fur coat into the equation it is even harder.

That is why in the summer months – or when it starts to get too hot our walks move to the earlier time of 9am – sadly sometimes even that time is too hot for some of the pooches. A dog has never died from missing a walk but sadly as mentioned some last year around the country were taken out in the heat of the day for a 'walk' and succumbed to the temperatures.

Do what you think is in the best interest for

your pet – not for you. If the tarmac is too hot to touch think of your pets' paws exposed to that with no choice whilst wearing a fur coat to top it off.

There are guidance details online and most vets will advise but if in doubt – do not take them out! Lecture over!

Enjoy the summer and please feel free to join us for our walks in our beautiful Holland-on-sea – even if you don't have a dog – it is a chance for a chat and to meet some great people!

Pictured is my god-dog Mabel enjoying the sun – its hard work being a dog!!

Naomi Lawrence



HRA Advertise with us!

Have you got a small business selling services in Holland on Sea? Then why not advertise with us? A half-page ad in this magazine costs only £45 and we deliver 3500 copies to households in Holland on Sea. This magazine is well regarded and well read so your advertising with us is likely to be more cost-effective than by any other means.

For more information please contact andrew.dunnett@live.co.uk

So why not help us to help you?

Closing date for the Autumn edition is 1st August 2023

Village Life ... as we know it

With the advent of on-line shopping and sprawling out of town superstores, our local retail outlets are under constant pressure just to survive. The spiralling cost of fuel, rents and rates is enough to push many small businesses to the wall during these unprecedented turbulent times.

You only need to walk around any major shopping centre, Clacton being a prime example, to find many an empty retail unit; some are in need of a few coats of paint, but many more a total refurbishment, and each festooned with promises of short-term leases and knock down rents. But after factoring in running costs, council rates, utilities bills, insurance and staff costs, starting any new business can often be a big gamble which is fraught with pitfalls and the potential of becoming unviable, especially when competing with the big guys!

So, it is very refreshing at the time of writing this, to see that in Holland on Sea, local businesses are bucking that trend and are thriving and at the time of writing this, not a single empty shop unit. We also boast quite a variety: two butchers, a baker, a greetings card maker, gift shops amongst the many others. But few would survive without our continued support and patronage.

And the moral of this tale: 'Use them or lose them'.

Looking around the 'village' as I, a relative newbie to the area, prefer to call myself, I feel so very fortunate, with not just one Express supermarket, but two. We have two chippies, two Post Offices, a general convenience store/newsagent, two pharmacies, at least two pubs, two tea rooms, two Chinese food vendors,



even two funeral directors! (Which I will come back to).

When we told our friends in Grays Thurrock, (near the big bridge and the Lakeside shopping centre) of our intentions to move here, they tried their best to stifle a laugh;

'Holland on Sea? Ain't that near Frinton? They call that place 'God's waiting room, don't they?'

And as I enter old-age I accept that handle is still appropriate for many, but judging by the number of young children attending the local schools, and to pinch a line from Bob Dylan; 'The Times They Are A-Changin'.

But I digress. There is nothing more us ladies (and even some men) enjoy more,



than to be fussed over: an appointment at one of the many hairdressers for a new cut or shampoo and blow dry. Or catch a few rays at the tanning salon, along with a relaxing massage, without the 'extras', and relax with a pedicure and a manicure and even have our nails painted. Even our brows and lashes are taken care of and that's just us females. Men are catered for too.

We have our hotel for a bed, a meal and other events, like a wedding. We even have a photographers and our local florists. Even a shop for printing off your snaps.

We have the solicitors, financial planners and when your car needs servicing, M.O.T, or if you want to buy a car it's on your doorstep. Need a new washing machine? Shop local. Deals to be had. A favourite armchair you can't bear parting with can be up-cycled through the upholsterers. Then when you are having a sort out of your wardrobe and thinking about binning it. Don't forget we have our very own charity shop.

Not even our cosseted pooches are overlooked. A trip to the groomers for a bath, a warm towel, nails clipped and a haircut; what's not to like? There is also a pet supplies shop.

Then there are estate agents, restaurants and diners, a caterer offering a take-away delivery service; as well as builders,



plumbers, electricians and bathroom and kitchen installers, swimming pool and hot tub suppliers, all within a short walk of our homes.

But when mobility becomes an issue, as it does to many of us in later life, isn't it reassuring to know we can pop along to the mobility store, to choose our new Ferrari-red scooter and ride back home, to settle in comfort in a new reclining chair from the man up the road !

So, when our time expires on this mortal coil and we prepare to meet our maker, there is a choice of funeral directors, vying to usher us into the next world! (One can only hope there is as much variety up there, as there is in Holland on Sea)?

So, when our time finally comes to an end, and we take our first and last ride in a posh Rolls Royce, we can let them know upstairs, that we preferred it at the seaside!

Shaz Pritchard,
Trade and Commerce

The Five Estuaries Wind Farm

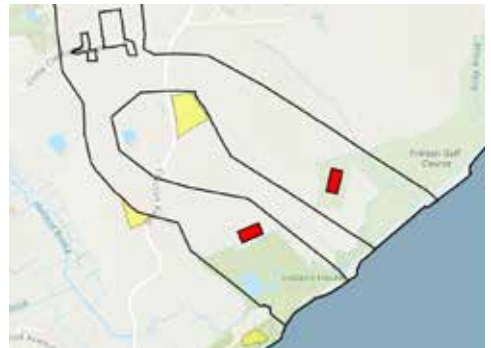
Anyone looking out to sea at Holland cannot fail to notice the wind turbines. Lots of them. The nearest ones – and therefore the ones that appear largest – are the 48 turbines of the Gunfleet Wind Farm which started operating in 2010. It's about 7 km (4.3 miles) off the coast. Cables from each of the turbines run to a wine-glass shaped collector and from there to the shore. The export cable is not very wide – maybe 6 inches in diameter.

The cable from the Gunfleet Wind Farm comes ashore at Holland Haven. It actually runs up the beach between the Haven Café and Clacton Sailing Club although it is of course buried in a trench which is why you don't see it. From there it goes up the cliff, along the greensward to the radar tower and then to the electricity substation at Cooks Green. I only know this because I watched it being installed and if you told me about it now I don't know whether I would believe you because there is no evidence of its existence.

In addition to the Gunfleet Wind Farm you will sometimes see other turbines further away. To the left (when you look out from the shore) are windfarms off the Suffolk coast (Gallopier and North Falls). It is an extension of these windfarms off

the Suffolk coast that will form the Five Estuaries development. Every household in Holland on Sea has received publicity material about this through the post and there are numerous public exhibitions around Tendring about it. Why is so much money being spent on something that is so far away?

The export cable from Gallopier and North Falls goes ashore at Sizewell on the Suffolk coast where there is a nuclear power station. There are obviously transmission lines (pylons) that run from here to the National Grid infrastructure further inland. Now here's a funny thing. The export cable from the proposed Five Estuaries is not going to Sizewell. It's coming to Holland on Sea – or more precisely it's coming ashore between Holland Haven and Frinton.



The picture above is from the Five Estuaries website <https://fiveestuaries.co.uk> where the map is 'interactive' (you can zoom in or out) and therefore easier to read. The cable will go under the sea wall (horizontal drilling) and eventually be taken to a substation several miles inland. So a few years after the engineering works are completed there will be no evidence that it is there. Just like the cable from the Gunfleet Windfarm.



Stage 2 – Five Estuaries.

Andy Durnett

Community Pages

Useful Numbers

Emergency – Police, Fire, Ambulance 999

Police (non-emergency) 101 – Health (non-emergency) 111

Kennedy Way Medical Centre	01255 449270
Clacton Urgent Treatment (ex Minor Injuries)	call 111
Clacton Hospital (outpatients X-rays etc.)	01255 201717
Colchester Hospital	01206 747474
Citizens Advice Bureau	01255 377080
Bus Passes	0345 200 0388
Benefits, Housing, Council Tax	01255 686868
T.D.C. Emergency contact after office hours	01255 222022

Dangerous pavements, potholes, faulty lights	0345 6037631
Fly Tipping	01255 686359
Unlawful parking	01206 282316
Illegal seafront parking and seafront issues	01255 686969

*A full range of District Council Services is available online
via www.tendringdc.gov.uk*

From St. Barts



Important Notice

As from **Sunday 4th June** 2023 the service of Holy Communion will begin at **9.30am**.

As from **Wednesday 13th September**, the midweek service will cease.

These important changes have come about due to the retirement of the Revd Susan Wiggins

We hope that you will join us as we celebrate these important dates coming up over the summer:

Sunday 4th June is Trinity Sunday

Sunday 18th June Father's Day

For all enquiries, please email stbartsholland@gmail.com



Tending Specialist Stroke Services

A stroke is a life changing experience and has a huge mental impact on confidence and people are often lost when they return home from hospital.

TSSS The Stroke Charity supports stroke survivors across North Essex

The charity delivers post stroke support, signposting and other services to those experiencing a stroke.

Services run at the therapy centre at Holland on Sea- Monday, Tuesday and Wednesday from 9.30am to 12 noon

A service is also run at Brightlingsea Football club on Monday afternoons.

On Wednesday afternoons a service for those experiencing a stroke runs in Dovercourt.

The service also contacts people in hospital, so they are aware of who they can speak to for advice.

The charity works closely with ESNEFT and is funded to deliver post stroke reviews and counselling.

The service offers exercise, post stroke rehab, friendship, counselling and support to carers. A support group is run every 1st Thursday of the month for carers to get together.

On Tuesday evening from 6.30pm a yoga group runs and is £5 per person, this is to improve the wellbeing and fitness of the community.

A community meal runs from 12.15 to 1.30pm on Wednesdays at a cost of £6 per person.

If you need support please contact us on 01255 815905. Info@tendingstroke.org.uk or call in and see us.

From Holland on Sea Baptist Church



Activities at Holland on Sea Baptist Church

Sunday – **Family Worship** service 10:30 approx. 1 hour everyone welcome.

Tuesday – **Prayer meeting** 10:00.

Tuesday – **Friendship club** 1st Tuesday of every month 14:00 (2 hours).
Fun, Quizzes, Games, Speakers, Friendship and refreshments.

Wednesday – **Care group**, Bible Study, discussion and friendship. 10:00
(90mins).

Thursday – **Lunch Club** (12:30) all welcome. Booking necessary 4 course lunch.

Thursday – **Care group**, Bible Study, discussion and friendship. 19:30 (90mins).

Friday – **Care group**, Bible Study, discussion and friendship. 10:00 (90mins).

With various other activities throughout the month, martial arts, fitness dancing, choir, Knit 'n' Natter, ukulele etc.

Sunday 18th July 10:30 Fathers day

Sunday 25th June 10:30 Church anniversary

Tuesday 11th July 14:00 Visiting Speaker from Peru

Feel free to contact us on 01255 814617 or revcollict@aol.com

Hall hire, Weddings and Funerals.

Surgery News



Kennedy Way Medical Centre is pleased to say we continue to be on our way to recovery following the Covid pandemic. We were unable to provide Spirometry tests during the pandemic due to the nature of the procedure, however we no longer have any back log and are booking the tests within 2-3 weeks. The Surgery is providing comprehensive assessments for respiratory conditions and are now booking patients with Asthma and COPD to have their annual reviews face-to-face.

We are also pleased to report that the flu vaccine uptake increased this winter which meant far more vulnerable patients were protected. Kennedy Way will be offering flu vaccine appointments from September this year with booking available from early August.

The Surgery is looking to call patients with Long Term Conditions for their annual assessments during their month of birth. If you are struggling to get your annual appointment, please contact the surgery and ask for our Clinic Co-ordinator, Alana Mawby, who will be able to assist you.

Extended Access is additional hours Monday to Friday 6.30pm to 8pm and Saturdays 9am to 5pm. Extended Access Hours are no longer held at Kennedy Way Medical Centre. Please note if you are offered a face-to-face appointment during these times, you will be asked to attend Ranworth Surgery in Pier Avenue.

Reminder of the upcoming half day educational surgery closures:

28th June, 25th July, 22nd August, 27th September, 19th October, 29th November

Lisa Maddox,

Practice Manager, Kennedy Way Medical Centre

Kennedy Way Community Garden

Hundreds of volunteers, members, friends and invited guests enjoyed an afternoon of celebration to mark the 50th anniversary of Community Voluntary Services Tendring (CVST). Teams, projects and groups from across CVST showcased their work with fun activities and games for guests to enjoy.

Kennedy Way Community Garden had a display of work from the Men's Shed and a selection of indoor plants in pots painted at the garden.

CVST chair Brenda Ellis BEM, said: "What an amazing, vibrant event.

"I would like to give my profound thanks to the volunteers, staff, and my fellow trustees, who came together to ensure our 50th anniversary party was such an outstanding success."



We are always looking for volunteers to join us at Kennedy Way Community Garden.

Anyone interested should call Nicola Vella on 07938482528.

To find out more about CVST and the services on offer visit the website on www.cvstendring.org.uk.

Sports & Leisure

Get Cycling!

Free and Easy

A leisurely hour long cycle ride along the traffic free National Cycle Route 150 taking place on the second and fourth Sunday of every month, weather permitting. We never cycle on the road.

The 'meet' is outside the Kingscliff Hotel at 10:30 am



Trending Winner
of Active Essex
Award



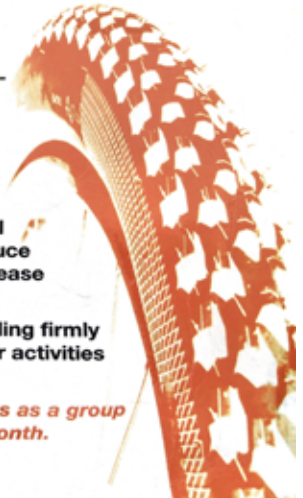
KINGSCLIFF

Spending time on two wheels can have a big impact on your health too. It blitzes calories – between 440 and a huge 1,080 an hour depending on your weight, and helps build muscles in your legs, bum and hips.

The benefits aren't just physical though, cycling can improve your mental health by triggering the release of endorphins – our feel good chemicals – in the brain, which can reduce stress levels, help you sleep better and even ease feelings of loneliness.

It's no wonder that a new poll has placed cycling firmly at the top of the list when it comes to outdoor activities in the UK.

Now get your bike out and use it by joining us as a group on the second and fourth Sunday of every month.



Clubs

Holland-on-Sea 129 Ladies Club

Holland 129 Club is a friendly Ladies Club meeting in Holland-on-Sea for 57 years – when it began as a Young Wives Club in 129 Fleetwood Avenue.

We meet at Holland Public Hall, Frinton Road on the 2nd Thursday of each month. Doors open for members at 7 pm for a 7.30 pm start.

Membership renewal was in April 2023 with Subs for the year £25/£5 for visitors. New members and visitors will be made very welcome.

Our Autumn programme 2023 is as follows:

Thursday, 13 July	Molten Wonky Glass – Kathy Lynn Items for sale
Thursday, 15 August	Garden Party 2.30 pm – 5 pm Member's House
Thursday, 14 September	Cancer Research UK An informative talk by Terri McLean-Bowman
Thursday, 12 October	Harvest Supper - Fish and Chips Barbara Faulker - All about Scarecrows' Bring a donation for local Food bank.
Thursday, 9 November	Demonstration by Barbara Hart How to make a Christmas Wreath, Small Willow Animals and other decorations Club Birthday
Thursday, 7 December	Christmas Party – Music and Refreshments

For further details, please contact Carole Parmenter on 01255-813315.

Royal British Legion Poppy Appeal

As some of you may be aware the Holland-on-Sea branch of the Royal British Legion is now a County Supported Branch, as it was unable to form a complete committee, from its membership, at the AGM held in October, 2022.

However, the Poppy Appeal is still very active and a number of fund raising events have taken place since the beginning of the Poppy Appeal year, which was 1st October 2022.

Apart from the two weeks in October/November leading up to Remembrance Sunday, which is considered the main Poppy Appeal, the local Poppy Appeal has organised four Quiz Nights, which were all very well attended, and everyone had fun!

Since the beginning of the Poppy Appeal 2022/2023 the amount raised, so far, stands at £4,835.81, so a big thank you to everyone for all your support.

We will be having a 'pitch' at the HRA Fete, on Saturday 5th August, with various Poppy Appeal merchandise available.

Please come and say hello, and learn more about the Poppy Appeal, and how money raised goes to help our former, and serving, armed forces personnel, and how you can get involved.



HOLLAND RESIDENTS
ASSOCIATION

SUMMER VILLAGE FETE

5 August, 12 noon–4 pm

**Village Green at Brighton Road
adjacent to car park**

**Fairground Rides, Refreshments, Raffle,
Displays and Stalls from local organisations
– *a real Local Affair***

***HRA thank Fisher Jones and Greenwood Solicitors
and Blake and Thickbroom Estate Agents for their
continued support.***

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Hair Salon

Lola's is a salon with a relaxed, cosy vibe where every client is met with a smile and a warm welcome as soon as you walk through the door. We take the intimidation out of going to the salon, taking you out of the production line whilst giving a personal and comfortable service.

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To say thank you to our hard working NHS staff & Emergency services, Lola's deduct 10% off your bill on all hair services. Please bring your ID with you to receive this offer.

*Offer not to be used in conjunction with any other offer.

**Discount does not include products.

50% off cut & finish on your first visit

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Not to be used in conjunction with any other promotions.



Pop in and see us in person!

315 Holland Road, Holland on Sea, Essex CO15 6PD

Tel: 01255 814413

Late nights are available by appointment only



www.lolashair.co.uk info@lolashair.co.uk





Ivy Grace Home Care

Your local Community Care Agency

Inspiring Better Health

It is our goal to meet and exceed the needs of individuals who wish to remain in their homes, but cannot without some form of assistance.

We not only want to make a difference in our clients lives, but in their family's lives as well. We believe every voice counts and want to be a care company with a difference.

We are committed to our Clients Health, Quality of life and Wellbeing.

We want you to feel confident and safe with the carers providing your care. We carefully hand pick our staff to ensure we are providing the best carers. Each carer undertakes extensive checks and training. Your carers are introduced so you will never have a stranger at your door. Ivy Grace carers deliver compassionate and customizable services to each service user. Our care system allows us to provide you with a family

Our Care Is Your Independence

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Companionship
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Contact Us

01255 441155

info@ivygracehomecare.com

www.ivygracehomecare.com





Natural Medicines and Allergies



As we move into Spring and the warmer weather, this can be a sign of misery for many people as they start to suffer from allergies including hay fever, sneezing, itchy eyes, runny nose and eyes, congestion, sore throat, fatigue, and headaches, these symptoms can be frustrating and very debilitating.

Allergic rhinitis (including hay fever) is an allergic reaction to airborne particles i.e. pollen, mould, dust mites, pet dander. The body's immune system mistakes these particles as a threat and releases histamine and other chemicals to protect itself. This causes an inflammatory response and results in the above symptoms.

Natural antihistamines and Homeopathy are effective and can be a good alternative to conventional medicines, used safely without any side effects.

Homeopathic medicines – safe, natural, and gentle alternative to antihistamines. Individually based medicine selected to your own specific symptoms. Incl: Ambrosia, Arundo, Sabadilla, Allium Cepia.

Probiotics – anti-inflammatory and helps with mucus membrane integrity. (Seek advice for the most suitable one).

Nettles – natural antihistamine, inhibits inflammatory response. Can be used as a tea.

Diet – certain foods including essential fatty acids can have an anti-inflammatory effect helping to alleviate allergic rhinitis symptoms.

Medicinal Mushrooms – Agaricus blazei murill / Ganoderma lucidum, Antihistamine properties inhibits histamine release, reduces inflammation.

For more information book a slot at the free Wellness clinic Tuesdays at

‘After the Rain’, Main Road, Great Holland

Lucille Cowell DipHomACH N.D DipN.Adv

Naturopath, Homeopath, Naturopathic Nutritional Advisor

07769515009 avalonhomeopathy@hotmail.com

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nails



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Holland Clinic: 98 Kings Ave
Holland-On-Sea, CO15 5EP
Tel: 01255 813673

Frinton Clinic: 82 Old Road
Frinton-On-Sea, CO13 9BY
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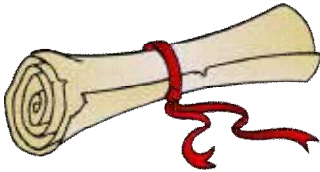
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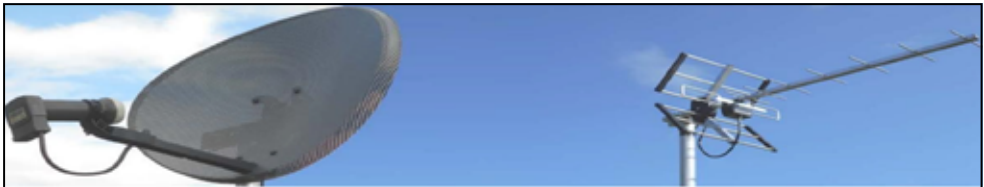
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We look forward to your entries.



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Parliament Update



Dear Holland-on-Sea residents.

It's been a busy month throughout April, as we planned for the Coronation of Their Majesties The King and The Queen, and Parliament returned from the Easter Recess.

Recess provided an excellent opportunity to get out and about in Clacton and hear from constituents about issues that matter to them, such as the Walton & Frinton Lifeboat Campaign and the need to keep our coasts – and our borders – safe.

We returned to Parliament after the Recess, and I set about using our first day back to ask the Secretary of State for Education about the provision of mental health services and training in schools. I was pleased to hear from the Secretary of State that a youth suicide prevention programme is in the works and set to be unveiled soon.

The Walton & Frinton Lifeboat Campaign has been one I have followed closely in the recent weeks and months. I am dismayed to hear of the plans by the RNLI to scrap our Tamar boat and replace it with a Rigid Inflatable Boat which I believe will not be as effective at enabling us to save lives at sea. For that reason, I have begun arranging meetings with the relevant Ministers to get us some answers, and ultimately hopefully stop this disastrous decision from reaching fruition.

The Coronation of Their Majesties The King and The Queen is an historic moment in our history as we gathered for the first time in seventy years to watch. I am honoured to have been invited to attend the Coronation as a representative of Clacton, to watch the passage of the Crown as Britain enters into this new Carolean age. I hope you found the ceremony as remarkable as I did.

As we watch crises unfold in Sudan and Ukraine, as well as in other regions, it is important as Parliamentarians to consider how this will affect the lives of our constituents. I am grateful to have been able to raise questions in the House of Commons this month about our continued support for Ukraine against Russian invasion, as well as the Government's plan for evacuating British nationals from Sudan.

The months ahead bring with them better weather, new opportunities, and renewed challenges to overcome. I am proud every day to be representing Clacton, the constituency I have called my home since 1957, in Westminster and beyond.

Giles Watling

Member of Parliament for Clacton

Your County Councillor



I held off writing this quarterly report until we had received the Tendring District Council Election results for St Barts and Eastcliff wards. I was delighted to see Andy Baker returned as the councillor for Eastcliff. He has worked hard over the last two years and that was recognised by his residents who gave him a whopping 468 votes, almost double the second-place candidate.

I am also delighted that our candidates Adrian Smith (884 votes) and Carrie Doyle (872 votes) were elected for St Barts. Once again, the residents recognised their community work of both these candidates and voted them in with more votes than the rest put together. Well done to them both.

I have already spoken to all three councillors and next week we will be sitting down to discuss how we will work together for the residents. I am very excited to see what this new partnership delivers for the residents as we now have some very capable people.

There is not much to report in the way of ECC stuff as things slow down during an election. Most County Councillors are “twin hatters” meaning that they are District Councillors as well. So as not to give any one candidate an advantage over another in elections certain repairs and upgrades are put on hold.

I have however taken this time to continue pushing for the major path resurfacing from York Road to Lyndhurst Road and Turpins Avenue. It looks like we are there, but as with all things Essex, I have to see it before I believe it.

Mark Stephenson
County Councillor
Clacton East

Your District Councillor



When you receive this edition of the magazine, the District Council Elections will seem like a while ago, but I would just like to thank all those who voted for me, and I look forward to representing all the residents of Eastcliff Ward, to the best of my ability, for the next four years. By the time you read this, a new Administration will have been formed, together with a new Cabinet.

You will also see that you have two new District Councillors for St. Bartholomew's Ward (Holland-on Sea) and I look forward to working with Adrian Smith and Carrie Doyle.

I mentioned in my last article about the area above Gunfleet Sailing Club being re-seeded, and I am glad to see that it is looking really lovely. I think to improve it even further, a couple of benches might be useful, so I will be taking that forward with officers at TDC.

You will also have seen in the last few months that more trees have 'appeared' on Eastcliff Field, and I am hopeful that a few more will have been placed, strategically, and possibly another bench. This will mean that the wooden posts can then be removed totally.

I am hoping that by the time you are reading this, the Changing Places Toilets, at Holland Haven, and near Beaches Café, have been started to be constructed or nearing completion, just in time for the summer season.

I hope you all have a great Summer, and that the sun shines on our lovely village every day!

As always, if you need to contact me, those details are contained elsewhere within the magazine. Stay safe and keep well.

Andy Baker
District Councillor
Eastcliff Ward

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Giles will welcome questions from the floor. Please bear in mind that the HRA is not a political organisation and we ask that questions are non-political and relate, as much as possible, to local matters.

We have also invited Essex County Councillor, Mark Stephenson, and our three district councillors, Andy Baker, Carolyn Doyle and Adrian Smith.

The meeting will be at Holland Public Hall on Friday 14th July at 7pm. (This is thirty minutes earlier than our usual start time).

The agenda will also include the normal business of the HRA.

Please note that the public hall has placed a limit on the number of people in the main hall.

Stephen Collitt,
Secretary



Articles for the Autumn edition of the HRA Magazine are to be submitted to *Maureen Cochlin* (littlemaur199@gmail.com).

Final date for submission is Tuesday 1st August 2023.

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